Mental illness affects many different people. Every day it affects someone’s mum, dad, child, grandparent, work colleague, neighbour or friend.

The Community Care Unit helps by assisting all of these people to recovery through assisted independence and a socialised environment until they are able to return to their family home or independent accommodation.

Further information
Coorparoo Community Care Unit: (07) 3727 7200
What is a Community Care Unit?

A Community Care Unit (CCU) is an accommodation facility for mental health consumers who are in recovery but require additional assistance to successfully reintegrate to community living.

The CCU offers a self-contained, residential environment where, with the support of a 24-hour, 7-day care team, consumers can learn or re-learn everyday living skills.

The value of the CCU lies in its ability to provide individually tailored programs, creating opportunities for consumers that enhance quality of life and assist in a transition to an increased level of independence.

There are several similar facilities in and around Brisbane and a large number throughout Australia. There are CCUs located at Logan, Mountain Creek (Sunshine Coast), Redcliffe-Caboolture, Strathpine, Windsor and Bayside. There are also plans for a new CCU to be located at Gailes.

Who resides at the Coorparoo CCU?

Consumers who are expected to benefit from participating in a recovery-based rehabilitation program and are not acutely unwell but require more support than is generally available to them at home.

These consumers are over 18 years old and could be male, female, young adults, mothers, fathers, grand-parents, employed, unemployed, skilled or unskilled. They may be family and friends of yours who live in Coorparoo or a neighbouring area. It depends on their home situation and how advanced they are through their individual recovery programs.

How is support provided?

The Coorparoo CCU is staffed by clinicians who provide therapeutic interventions with medication management, group meetings, advice, independent living education and clinical risk analysis.

The presence of daily 24-hour support means that assistance is always available. There is access to the Princess Alexandra Hospital Emergency Department for more acute interventions. Similar to any accommodation complex, police, fire and ambulance are available by calling 000.

About the Coorparoo CCU

The Coorparoo CCU is located at 6 Baragoola Street, Coorparoo.

The architecturally-designed Coorparoo CCU comprises 20 one-bedroom units and communal areas. The residential-style facility is designed to be visually appealing, respecting and complementing the local area and, importantly, incorporating green space areas.

The Coorparoo CCU is similar to other CCUs in that it will have a variety of people residing there. Research shows that neighbours of existing CCUs are unaffected by activities at the facilities, the 24-hour presence can contribute to a sense of security for local residents.