

Palliative Care Resources – A Selection

Organisation	Resources	Contact Details
Aboriginal and Torres Strait Islander Health Branch, Qld Health	<ul style="list-style-type: none"> Sad News, Sorry Business: Guidelines for caring for Aboriginal and Torres Strait Islander people through death and dying 	https://www.health.qld.gov.au/__data/assets/pdf_file/0023/151736/sorry_business.pdf
CareSearch www.caresearch.com.au	<p>Australian internet palliative care resource including:</p> <ul style="list-style-type: none"> Hubs for GPs, Nurses, Allied Health Consumer information; Research & Education Culturally appropriate palliative care for Indigenous Australians 	www.caresearch.com.au/
Cancer Council Queensland	<ul style="list-style-type: none"> A guide to relaxation Cancer Counselling Service Complementary and alternative therapies: Making an informed decision Information about cancer clinical trials My Story: Aboriginal and Torres Strait Islander women sharing their experiences of breast cancer (DVD) Finding cancer information on the internet Searching the internet: Websites for when a child or teenager is affected by cancer Understanding grief 	<p>13 11 20</p> <p>www.cancerqld.org.au/</p> <p><i>Note: This is just a selection of the wide range of resources supplied by Cancer Council Queensland</i></p>
Centre for Palliative Care Research and Education	<ul style="list-style-type: none"> Guidelines for subcutaneous infusion device management in palliative care (2010) Management of Subcutaneous Infusions in Palliative Care – self directed learning package and resources End of life decision-making: Withholding and withdrawing life-sustaining measures (adults) Monthly events e-bulletin and bi-annual Education Calendar 3 monthly e-newsletter Annual Research Conference; education events GP Pain Help app 	<p>07 3646 1449 www.health.qld.gov.au/cpcpre E: cpcpre@health.qld.gov.au</p> <p>GP Pain Help app: www.health.qld.gov.au/cpcpre/gppain.asp www.gppainhelp.com iTunes; Google Play store</p>
Commonwealth Respite and Carelink Centres	<ul style="list-style-type: none"> Service flyer: Information about community aged care, disability, support services 	1800 052 222
Leukaemia Foundation	<ul style="list-style-type: none"> Support services Online information and support for patients and families 	www.leukaemia.com www.talkbloodcancer.com
National Palliative Care Program, Australian Government Department of Health	<p>Multiple resources, online and print, including:</p> <ul style="list-style-type: none"> Therapeutic Guidelines Palliative Care Pop Arthur Indigenous Palliative Care Comic The Patient's Choice (DVD, learning guide) Guidelines for a palliative approach in residential aged care Guidelines for a palliative approach for aged care in the community setting How a palliative approach can help older people 	www.health.gov.au/internet/main/publishing.nsf/Content/palliativecare-pubs-order-form-htm
Cancer Australia	<ul style="list-style-type: none"> Clinical practice guidelines for psychosocial care of adults with cancer 	canceraustralia.gov.au/resources 1800 624 973
Palliative Care Australia	<p>Online and print resources including:</p> <ul style="list-style-type: none"> Asking questions can help: An aid for people seeing the palliative care team Facts about morphine and other opioid medicines in palliative care What can I say, what can I do? When someone I know is living with terminal illness 	www.palliativecare.org.au pcainc@palliativecare.org.au
PalliativeDrugs.com	<ul style="list-style-type: none"> UK site – active discussion board, 'Research, Audit and Guidelines' with uploaded documents relating to various areas of palliative care 	www.palliativedrugs.com



Therapeutic Guidelines	<ul style="list-style-type: none"> • Therapeutic Guidelines: Palliative Care available in print/online/Qld Health intranet 	1800 061 260 www.tg.com.au
Caring Safely at Home	<ul style="list-style-type: none"> • Range of resources from Brisbane South Palliative Care Collaborative for caregivers and clinicians including: <ul style="list-style-type: none"> ○ Opening and drawing up from an ampoule ○ Injection via cannula techniques ○ Colour coded medication labels ○ Series of videos on subcutaneous medication administration 	www.caresearch.com.au/caresearch/tabid/2145/Default.aspx
Decision Assist Project (Website closed but resources still available).	Aimed to strengthen interface between health & aged care by supporting providers caring for older Australians in residential and community aged care needing palliative care	www.advancecareplanning.org.au/ACP-projects/about-decision-assist
PalAssist	<ul style="list-style-type: none"> • Qld wide 24 hour telephone and online service for palliative care patients, carers, family and friends • Service information leaflet 	1800 772 273 www.palassist.org.au
Palliative Care Queensland	<ul style="list-style-type: none"> • Peak body for palliative care in Queensland • 'Understanding Palliative Care' DVD 	07 3511 1539; 1800 660 055 (Qld) www.palliativecareqld.org.au
Advance Care Planning Australia	<ul style="list-style-type: none"> • Promotes care consistent with a person's goals, values, beliefs and preferences 	www.advancecareplanning.org.au/
End of Life Directions for Aged Care (ELDAC)	<ul style="list-style-type: none"> • Improving care of older Australians 	www.eldac.com.au/

A SELECTION OF PALLIATIVE CARE TEXTS

TITLE	AUTHOR	PUBLISHER	CONTACT
Cancer-related Breakthrough Pain - 2 nd ed (2012)	Davies A	Oxford University Press (Oxford Pain Management Library) OPML	www.oup.com or from your local bookseller
Care of the Dying: A Pathway to Excellence – 2 nd ed (2011)	Ellershaw J, Wilkinson S	Oxford University Press	www.oup.com or order from your local bookseller
Clinical practice guidelines for communicating prognosis and end-of-life issues with adults ... (2007)	Clayton J et al.	MJA Supplement, 18 June 2007; 186(12): S77-S108.	https://www.mja.com.au/journal/2007/186/12/clinical-practice-guidelines-communicating-prognosis-and-end-of-life-issues-adults
MIMS Narcotic Analgesic Prescribing Guide	MIMS	distributed free by Mundipharma	1800 188 009 or your local Mundipharma representative
National Consensus Statement: Essential Elements for Safe and High-quality End of Life Care (2015)	Australian Commission on Safety and Quality in Health Care.	Australian Commission on Safety and Quality in Health Care.	www.safetyandquality.gov.au/publications/national-consensus-statement-essential-elements-for-safe-high-quality-end-of-life-care/
Neuropathic Pain – 2 nd ed (2010)	Bennett M	Oxford University Press (OPML)	www.oup.com/local bookseller
Oxford Handbook of Palliative Care - 2 nd ed (2009)	Watson M, Lucas C, Hoy A, Wells J	Oxford University Press	www.oup.com or order from your local bookseller
Oxford Textbook of Palliative Medicine – 5 th edition (2015)	Cherny N, Fallon M, Kaasa S et al.	Oxford University Press	www.oup.com
Pain in Residential Aged Care Facilities: Management Strategies	Goucke R et al.	Australian Pain Society	www.apsoc.org.au/publications
Palliative Care Formulary – 5 th edition (2015)	Twycross R, Wilcock A, Howard P	Nottingham: palliativedrugs.com	www.palliativedrugs.com
Palliative Care Nursing: A Guide to Practice – 3 rd ed (2012)	O'Connor M, Lee S, Aranda S	Ausmed (Note: Australian text)	Available electronically via www.ausmed.com.au
PMG Kit for Aged Care (2007). Implementation kit to accompany 'Pain in Residential Aged Care Facilities'.	Goucke R, Kristjanson L, Toye C	Pain Australia	http://www.apsoc.org.au/PDF/Publications/PMGKit_2007.pdf
Symptom Control in Advanced Cancer - 2 nd edition (2002)	Woodruff R	Melbourne: Asperula (distributed free by Mundipharma)	1800 188 009
Symptom Management at the End of Life (2017)	CareSearch	CareSearch	https://www.caresearch.com.au/caresearch/tabid/741/Default.aspx
The Syringe Driver – 4 th edition (2016)	Dickman A, Schneider J	Oxford University Press	www.oup.com
With the End in Mind: Dying, Death & Wisdom in an Age of Denial (2017)	Mannix, K	HarperCollins Publishers	www.harpercollins.com.au