

AH-TRIP

Additional Resources

Sustainability theories and frameworks are a hot topic currently in the implementation science world. Our last webinar discussed some concepts to consider, overall, we can't stress enough the importance of taking AH-TRIP approach to practice change ensuring you have

1. Identified a clinical problem or evidence practice gap
2. Critiqued and understood the evidence to address your clinical problem
3. Implemented a practice change
4. Monitored outcomes and measured success

To maximise the sustainability of your practice change considers sustainability at the beginning and throughout implementation.

There are some sustainability tools and frameworks that can assist in structuring your thinking and provide a systematic approach to considering sustainability. Similar, to implementation theories, models and frameworks there isn't one right or a wrong choice, the concepts can be used in parallel to other theories, models and frameworks and they can be used as a 'pulse' check along the way if needed.

[The Dynamic Sustainability Framework \(DSF\)](#) was developed with complex systems and interventions in mind, and considers the intervention, the context in which the intervention is delivered and the broader ecological system within which the practice setting exists and operate and considers these three elements over time. The DSF stresses the need for ongoing development, evaluation and refinement to continue to optimize the intervention and how it fits within the context and broader system.

[The Program Sustainability Assessment Tool \(PSAT\)](#) has useful resources to assess the sustainability of an evidence-based program.

[Clinical Sustainability Assessment Tool \(CSAT\)](#) has resources to assess the sustainability your clinical practice

[The NHS Sustainability Model](#) has a specific sustainability practical model to work through from the *Institute for Innovation and Improvement*. It revolves around 3 core elements of sustainability of processes, staff and environment. The model includes a scoring system to help you understand strengths and weaknesses that may impact on sustainability of your change.