Breast Fibroadenoma/Cyst Procedure Consent
Adult (18 years and over)

Facility: _____________________________

A. Does the patient have capacity?

☐ Yes ➔ GO TO section B

☐ No ➔ COMPLETE section A

You must adhere to the Advance Health Directive (AHD), or if there is no AHD, the consent obtained from a substitute decision-maker in the following order: Category 1. Tribunal-appointed guardian; 2. Enduring Power of Attorney; or 3. Statutory Health Attorney.

Name of substitute decision-maker: _____________________________

Category of substitute decision-maker: _____________________________

B. Is an interpreter required?

If yes, the interpreter has:

☐ provided a sight translation of the informed consent form in person

☐ translated the informed consent form over the telephone

Name of interpreter: _____________________________

Interpreter code: _____________________________ Language: _____________________________

C. Patient/substitute decision-maker requests the following procedure(s)

Breast fibroadenoma/cyst procedure

Site/side of procedure: _____________________________

D. Risks specific to the patient in having a breast fibroadenoma/cyst procedure

(Doctor/clinician to document additional risks not included in the patient information sheet):

E. Risks specific to the patient in not having a breast fibroadenoma/cyst procedure

(Doctor/clinician to document specific risks in not having a breast fibroadenoma/cyst procedure):

F. Alternative treatment options

(Doctor/clinician to document alternative treatment not included in the patient information sheet):

G. Information for the doctor/clinician

The information in this consent form is not intended to be a substitute for direct communication between the doctor/clinician and the patient/substitute decision-maker.

I have explained to the patient/substitute decision-maker the contents of this form and am of the opinion that the information has been understood.

Name of doctor/clinician: _____________________________

Designation: _____________________________

Signature: _____________________________ Date: _____________________________
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H. Patient/substitute decision-maker consent

I acknowledge that the doctor/clinician has explained:

• the "Breast fibroadenoma/cyst procedure" patient information sheet
• the medical condition and proposed treatment, including the possibility of additional treatment
• the specific risks and benefits of the procedure
• the prognosis, and risks of not having the procedure
• alternative treatment options
• that there is no guarantee the procedure will improve the medical condition
• that the procedure may involve a blood transfusion
• that tissues/blood may be removed and used for diagnosis/management of the condition
• that if a life-threatening event occurs during the procedure, I will be treated based on documented discussions (e.g. AHD or ARP [Acute Resuscitation Plan])
• that a doctor/clinician other than the consultant/specialist may assist with/conduct the clinically appropriate procedure/treatment/investigation/examination; this may include a doctor/clinician undergoing further training under supervision
• that if the doctor/clinician wishes to record video, audio or images during the procedure where the recording is not required as part of the treatment (e.g. for training or research purposes), I will be asked to sign a separate consent form.

If I choose not to consent, it will not adversely affect my access, outcome or rights to medical treatment in any way.

I was able to ask questions and raise concerns with the doctor/clinician.

I understand I have the right to change my mind regarding consent at any time, including after signing this form (this should be in consultation with the doctor/clinician).

I/substitute decision-maker have received the following consent and patient information sheet(s):

☐ “Breast fibroadenoma/cyst procedure”
☐ “About your anaesthetic”
☐ “Fresh blood and blood products transfusion”

On the basis of the above statements,

1) I/substitute decision-maker consent to having a breast fibroadenoma/cyst procedure.

Name of patient/substitute decision-maker:

Signature: Date:

2) Student examination/procedure for professional training purposes:

For the purpose of undertaking training, a clinical student(s) may observe medical examination(s) or procedure(s) and may also, subject to patient/substitute decision-maker consent, assist with/conduct an examination or procedure on a patient while the patient is under anaesthetic.

I/substitute decision-maker consent to a clinical student(s) undergoing training to:

• observe examination(s)/procedure(s) ☐ Yes ☐ No
• assist with examination(s)/procedure(s) ☐ Yes ☐ No
• conduct examination(s)/procedure(s) ☐ Yes ☐ No
A copy of this form should be given to the patient/substitute decision-maker to read carefully and allow time to ask any questions about the procedure. The consent form and patient information sheet should be included in the patient’s medical record.

1. What is a breast fibroadenoma/cyst procedure and how will it help me/the patient?

Simple fibroadenomas are benign solid tumors containing glandular and fibrous tissue. Simple cysts are fluid filled round or oval lumps. This procedure will involve the removal of a breast lump which is sent to pathology for testing.

2. What are the risks?

There are risks and complications with this procedure. There may also be risks specific to each person’s individual condition and circumstances. Please discuss these with the doctor/clinician and ensure they are written on the consent form before you sign it. Risks include but are not limited to the following:

**Specific risks**
- bruising may occur around the operation site
- there may be a depression in the breast at the site of the excised lump
- scarring may pull the nipple out of shape
- the scar may be thickened and red coloured, and it may be painful
- the pathologist may be asked to test the lump for malignancy. Sometimes the initial test - the frozen section done at the time of the operation - may miss malignancy. The pathologist always does a second section to double check. This takes a few days to come back. Further surgery may be necessary
- increased risk in smokers of wound and chest infections, heart and lung complications, and thrombosis.

**General risks**
- infection can occur, requiring antibiotics and further treatment
- bleeding could occur and may require a return to the operating room. Bleeding is more common if you have been taking blood thinning drugs, such as warfarin, aspirin, clopidogrel (Plavix, Iscover, Coplavin), prasugrel (Effient), dipyridamole (Persantin or Asasantin), ticagrelor (Brilinta), apixaban (Eliquis), dabigatran (Pradaxa), rivaroxaban (Xarelto) or complementary/alternative medicines, such as fish oil and turmeric
- small areas of the lung can collapse, increasing the risk of chest infection. This may need antibiotics and physiotherapy
- increased risk in obese people of wound infection, chest infection, heart and lung complications, and thrombosis
- heart attack or stroke could occur due to the strain on the heart
- blood clot in the leg (DVT) causing pain and swelling. In rare cases part of the clot may break off and go to the lungs
- death as a result of this procedure is possible.

This procedure will require an anaesthetic.

For more information about the anaesthetic and the risks involved, please refer to the anaesthetic information sheet that has been provided to you. Discuss any concerns with the doctor/clinician.
If you have not been given an anaesthetic information sheet, please ask for one.

What are the risks of not having breast fibroadenoma/cyst procedure?

There may be consequences if you choose not to have the proposed procedure/treatment/investigation/examination. Please discuss these with the doctor/clinician.

If you choose not to have the procedure, you will not be required to sign a consent form.

If you have signed a consent form, you have the right to change your mind at any time prior to the procedure/treatment/investigation/examination. Please contact the doctor/clinician to discuss.

6. Where can I find support or more information?

Hospital care: before, during and after is available on the Queensland Health website www.qld.gov.au/health/services/hospital-care/before-after where you can read about your healthcare rights.

You can also see a list of blood thinning medications at www.health.qld.gov.au/consent/bloodthinner.

Staff are available to support patients’ cultural and spiritual needs. If you would like cultural or spiritual support, please discuss with your doctor/clinician.

Queensland Health recognises that Aboriginal and Torres Strait Islander patients will experience the best clinical care when their culture is included during shared decision-making.

7. Questions

Please ask the doctor/clinician if you do not understand any aspect of this patient information sheet or if you have any questions about your/the patient’s medical condition, treatment options and proposed procedure/treatment/investigation/examination.

8. Contact us

In an emergency, call Triple Zero (000).

If it is not an emergency, but you have concerns, contact 13 HEALTH (13 43 25 84), 24 hours a day, 7 days a week.