

Palliative Care COSA

New Specialty Chart and PowerForm

WHAT IS CHANGING?

NEW SPECIALITY CHART AND POWERFORM

The Palliative Care COSA Specialty Chart is an alternative observation and symptom assessment chart for admitted patients whose goals of care are more appropriately supported by a palliative, comfort-focused approach, rather than physiological deterioration using the digital early warning tool.

REPLACES THE CEWT / Q-ADDS SPECIALTY CHART

Only one specialty chart may be active at any one time.

- Patients under 16 years should be managed using either the CEWT or the Palliative Care COSA – Paediatric.
- Patients over 16 years should be managed using the Q-ADDS or the Palliative Care COSA – Adult.

No early warning score or alert will be generated when the COSA is in use.

WHEN CAN A PATIENT TRANSITION TO THE PALLIATIVE CARE COSA?

PATIENT CONTEXT

The COSA may be used for planned (elective) or emergency admissions for:

- end-of-life care;
- symptom management;
- uncontrolled pain or other distressing symptoms;
- deterioration in function associated with a life-limiting condition;
- complex palliative care needs where physiological abnormalities are anticipated and escalation according to CEWT parameters is not clinically appropriate; or
- other clinical circumstances where the treating team determines that the COSA better reflects the patient's goals of care.

AUTHORISED BY ADMITTING SMO

- **Admitting SMO approval required:** Documented approval in the ieMR is required before transitioning from CEWT/Q-ADDS to COSA.
- Approval may be provided as a **verbal order documented in the ieMR.**
- Approval must confirm that the patient's goals of care are now more appropriately supported by the COSA Specialty Chart.

PPCS INVOLVEMENT

Use of the COSA is not limited to patients under the care of the specialist Paediatric Palliative Care Service. Consultation with PPCS is however strongly recommended.

REVERTING BACK TO THE CEWT / Q-ADDS SPECIALTY CHART

Where the patient's goals of care change and physiological deterioration detection using the digital early warning tool becomes clinically appropriate, the patient should be transitioned back to the CEWT / Q-ADDS specialty chart.

HOW DO I CHANGE A PATIENT TO THE COSA?

1 Managing Deterioration > Select **CEWT** or **Q-ADDS** hyperlink

2 Select **Palliative COSA** > Enter reason for the change > **Submit**

3 Select **Add** hyperlink next to any symptom to open and complete the **PowerForm**

4 Optional: Add the **Paediatric Palliative Care Navigator Band** in Interactive View

COSA Walkthrough: Get up to speed fast

Watch this 5-minute [video](#) to learn how to use the **COSA Specialty Chart, PowerForm** and **PPC Navigator Band**.



The Managing Deterioration Observations - Paediatric PowerForm may still be used to document vital signs while the COSA specialty chart is in use, where clinically indicated. The PowerForm will not input into the managing deterioration graph for trend analysis, nor will any early warning score or alerts and escalation notifications be generated.

GO-LIVE
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MORE INFORMATION

[Statewide Specialist Palliative Care Digital Health Unit](#)
(Quick Reference Guides)

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