Mental Health and Addiction Services

Our care is: person-centred, recovery oriented, evidenced-based and inclusive of family and carers.

Consumer and carer factsheet

Mental Health and Addiction Services acronyms

Dual Diagnosis (DD)
When a person is experiencing both mental health and substance use issues. It is also commonly referred to as co-morbidity and co-occurring mental health and substance use (Australian Drug Foundation 2013).

Electro Convulsive Therapy (ECT)
A treatment for severe depression and sometimes Schizophrenia and mania. If this treatment is recommended by a psychiatrist more information will be provided and the opportunity to ask questions will occur.

Mental Health Act (MHA)
The purpose of the ACT is to provide for the involuntary assessment and treatment, and the protection, of persons who have mental illnesses, when their capacity is deemed limited (Mental Health Act 2000). For further information see: https://www.health.qld.gov.au/clinical-practice/guidelines-procedures/clinical-staff/mental-health/resources/factsheets-poster/default.asp

Mental Health & Addiction Services (MHAS)
The Sunshine Coast Mental Health and Addiction Services provide specifically designed health services for individual assessment, continuing treatment and rehabilitation for people with mental disorders and serious mental health problems. They also provide specialised consultation and liaison services to other agencies and include a component offering expert advice to facilitate rehabilitation and promotion programs. For new referrals please contact the Mental Health Access Service on 1300 MHCALL (1300 64 22 55)

Mental Health Review Tribunal (MHRT)
The MHRT is an independent statutory body established under the Mental Health Act whose primary purpose is to review the involuntary status of persons with mental illnesses. The Tribunal consists of the President and other members, including lawyers, psychiatrists and other persons with relevant qualifications and/or experience (Mental health Review Tribunal 2010)

Mental Status Examination (MSE)
Examination in which the following mental processes are reviewed: appearance and behaviour, though content, sensorium and intellect, thought processes, emotional tone and insight (The Queensland Transcultural Mental Health Centre 2006)

Multi-Disciplinary Team Review (MDTR)
Multidisciplinary care occurs when professionals from a range of disciplines with different but complementary skills, knowledge and experience work together to deliver comprehensive healthcare aimed at providing the best possible outcome for the physical and psychosocial needs of a patient and their carers (The Royal Australian College of General Practitioners 2011)