



Induction Course

Category	Induction
Purpose	<ul style="list-style-type: none"> • Enhance existing orientation to the primary health care approach to chronic disease • Provide detail on the factors that support rural and remote and primary health care practice • Support the building of the rural and remote and primary health care workforce capacity to provide continuous quality chronic disease care
Aims	<ul style="list-style-type: none"> • To provide a systematic approach to the skilling of the rural and remote and primary health care workforce • To develop and enhance the rural and remote and primary health care workforce
Scope	<p>The PaRRROT Induction course has been developed for the multicultural, multidisciplinary team and will support the orientation of</p> <ul style="list-style-type: none"> • All health service providers working in rural and remote area • Workers at pre-recruitment and orientation stages • Chronic disease prevention, detection and management in a comprehensive primary health care framework
Delivery Mode	<p>Blended learning including:</p> <ul style="list-style-type: none"> • Technology assisted learning – elearning, audio, video, podcast, CD/DVD, Videoconference • Self-paced learning using hard copy or electronic interactive manuals • Facilitated workshops
Assessment	<p>Graded and non-graded learning activities; Graded quizzes; No minimum passing grade.</p>



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Session Outline

Session	Synopsis	Outcomes	Modules	Learning Objectives
IN201 The Health Team	This session introduces the concepts of effective team practice and its relationship with professional scope of practice for the rural and remote primary health care workforce	Understand the concepts and processes associated with professional scope of practice and credentialing.	<ol style="list-style-type: none"> 1. Scope of Practice 2. Credentialing 	<ul style="list-style-type: none"> • Understand team practice • Understand the concept of scope of practice • Understand your role within the team • Define credentialing • Describe scope of clinical practice (SoCP) and its application to clinical practice • Demonstrate an understanding of the reasons for credentialing
IN202 Clinical Support	This session provides information on three clinical support tools which are used in rural and remote health practice	Rural and Remote health practitioners will be able to utilise the Chronic Disease Guidelines, Primary Clinical Care Manual and Primary Health Information Systems in their daily practice	<ol style="list-style-type: none"> 1. Chronic Disease Guidelines (CDG-M) 2. Primary Clinical Care Manual (PCCM) 	<ul style="list-style-type: none"> • Discuss the rationale for the development of the CDG-M and PCCM • Discuss the content and development process of the CDG-M and PCCM • Access and utilise the CDG-M and associated resources • Discuss the components of the PCCM • Define the relationship between the PCCM, drugs and Poisons Regulations, Drug Therapy Protocols and Health Management Protocols. • Discuss the use of Ferret



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IN203 Cultural Considerations	This session discusses four important elements which impact on an individual's journey to culturally safe practice	Learners will understand the factors impacting on their ability to develop and work effectively in a culturally safe manner.	<ol style="list-style-type: none"> 1. Cultural Response 2. Cross cultural interaction 3. Cultural Awareness 4. Cultural Safety 	<ul style="list-style-type: none"> • Define the concepts of <ul style="list-style-type: none"> ○ culture clash ○ cultural conflict ○ cultural shock ○ cultural relativism • Understand the link between these concepts and Cultural Awareness • Define the concept of cross cultural interactions including <ul style="list-style-type: none"> ○ Positive interaction ○ Obstacles ○ Personal factors • Discuss how these concepts relate to the development of cultural awareness • Define cultural awareness • Discuss the steps from cultural ignorance to cultural awareness • Discuss the concepts of <ul style="list-style-type: none"> ○ Cultural awareness ○ Cultural sensitivity ○ Cultural safety ○ Cultural competence • Define the process of developing a culturally safe approach to practice



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IN204 Continuous Quality Improvement IN204.1 CQI in PHC	<p>This session defines and discusses the CQI process utilised in the Rural and Remote and Primary Health Care Setting</p>	<p>Rural and remote and Primary Health Care health professionals will understand and engage in the CQI process</p>	<ol style="list-style-type: none"> 1. Defining CQI in PHC 2. Applying CQI in PHC 3. CQI in Action 	<ul style="list-style-type: none"> • Visualise a complete CQI process • Describe an evidence based CQI process that is flexible and available for use in different primary health care settings • Identify the barriers to undertaking a complete CQI process • Identify the enablers of a complete CQI process • Define the time frames associated with a complete CQI process
IN204 Continuous Quality Improvement IN204.3 Safe Practice	<p>This session provides information to rural and remote health practitioners on best practice for managing vaccines and pathology specimens.</p>	<p>Learners will be able to safely and effectively manage vaccines from production to administration, and to effectively package and transport pathology specimens.</p>	<ol style="list-style-type: none"> 1. Vaccine Management 2. Pathology Packaging 	<ul style="list-style-type: none"> • Describe the components of effective vaccine management • Discuss the cold chain and the importance of maintaining and monitoring this • Discuss actions following a cold chain breach • Describe how to pack a vaccine fridge and esky / cooler for transporting vaccines • Define the three classes of biological hazards • Discuss the components of triple packaging of specimens for transportation • Explain how pathology specimens must be packaged for transportation.



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IN205 Population Health IN205.1 Introduction	<p>This session defines population health and identifies the components of this approach to health care.</p>	<p>Learners will better understand the population health approach to care including levels of care and the value in managing health issues within a population group.</p>	<ol style="list-style-type: none"> 1. Defining Population Health 2. Approaches to Population Health 	<ul style="list-style-type: none"> • Define population health • Identify the population health priorities in Australia including: <ul style="list-style-type: none"> ○ Priority population groups ○ Priority age groups ○ Disease priorities • Discuss the benefits of this approach • Discuss upstream, midstream and downstream approaches to health • Define public health, population health, health promotion and primary health care • Discuss the population health approach to practice • Define acute and chronic models of care



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IN205 Population Health IN205.2 Adult Health	<p>This session introduces three important components of adult health which have been identified as important population health priorities.</p>	<p>Learners will have a good understanding of the status of male and female health, sexual health and mental health in certain population groups and discuss the roles health services must play in managing these health issues.</p>	<ol style="list-style-type: none"> 1. Gender Health 2. Sexual Health 3. Mental Health 	<ul style="list-style-type: none"> • Identify general adult and gender specific population health priorities • Discuss differences between male and female health behaviours and health status • Identify existing gender specific population health programs • Discuss the importance of including sexual health care in the provision of primary health care services • Discuss issues associated with the prevalence of sexually transmitted infections in certain populations • Identify population groups that should be routinely tested for sexually transmitted infections • Define mental health • Discuss the prevalence of poor mental health in the population • Identify the population groups most affected by poor mental health • Discuss the role of health services in managing population based mental health programs.



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IN205 Population Health IN205.3 Child Health	<p>This session introduces important components of child population health and provides information on provision of child health services.</p>	<p>Learners will understand the elements of child abuse and neglect, be able to assess and report harm and understand the importance of childhood immunisation as an effective population health approach.</p>	<ol style="list-style-type: none"> 1. Abuse and Neglect – Harm 2. Assessing Abuse and Neglect 3. Immunisation 	<ul style="list-style-type: none"> • Define the concept of harm • Define the types of child abuse including: <ul style="list-style-type: none"> ○ Neglect ○ Emotional ○ Physical ○ Sexual • Assess an injury in a child • Determine if an injury may be intentional or accidental • Describe the process for reporting harm or neglect • Discuss the importance of immunisations as a public health measure in Australia • Define the scope required to provide an immunisation program. • Utilise the Immunisation handbook as a reference.



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IN206 Promoting Health	<p>This session introduces health promotion and discusses the four essential components required for effective primary health care service provision in the rural and remote setting</p>	<p>Learners will understand the history of the health promotion approach and will have a good knowledge of the Alma Ata, Ottawa Charter; the social determinates of health and effective community engagement.</p>	<ol style="list-style-type: none"> 1. Alma Ata 2. Ottawa Charter 3. Social Determinants of Health 4. Engaging Communities 	<ul style="list-style-type: none"> • Define Health Promotion • Discuss the link between comprehensive primary health care, the Alma Ata, the Ottawa Charter for Health, social determinants of health and community engagement • Define the principles of the Alma Ata • Explain the intent of the Ottawa Charter • Identify the 5 action areas of the Ottawa Charter • Identify and discuss the social determinants of health • Define community engagement • Identify the levels of community engagement • Discuss the principles of good practice in community engagement



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IN207 Brief Intervention	This session discusses some brief intervention programs that have been developed for use in the management of chronic disease.	Learners will be familiar with commercially available brief intervention programs and will know how to use these to support their practice	<ol style="list-style-type: none"> 1. Introduction 2. Programs 	<ul style="list-style-type: none"> • Define Brief Intervention • Discuss the stages of change • Define the 4 steps to brief intervention • Discuss the SNAPE process and brief interventions associated with them • Identify current brief intervention programs and resources including <ul style="list-style-type: none"> • Life Scripts • Smoke Check • Eat Well be Active, Aboriginal and Torres Strait Islander Brief Intervention program
IN208 Chronic Disease Self-Management	This session introduces chronic disease management strategies and reviews some commercial chronic disease management programs that may be used to support practice.	Learners will understand the concepts of chronic disease management and be able to utilise commercially available programs to support them in their provision of chronic disease care.	<ol style="list-style-type: none"> 1. Introduction 2. Self-management Strategies 3. Pathways to Health Feet 	<ul style="list-style-type: none"> • Discuss the concept of self-management • Identify strategies for supporting chronic disease self-management • Implement strategies for supporting chronic disease self-management • Identify some chronic disease self-management strategies that could be adopted in care provision • Discuss appropriate tools or strategies for use in chronic disease self-management