

## ABIOS Aboriginal and Torres Strait Islander Program Education

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Through our partnership in research and service development with Aboriginal and Torres Strait Islander communities in Queensland, ABIOS has developed training specific to Aboriginal and Torres Strait Islander communities. We have provided training to:

- services working with people with brain injury,
- communities to assist them to understand brain injury and
- people with brain injury and their families.



Our approach is very informal, often using DVDs, produced by ABIOS, where Aboriginal People with brain injury and their families tell their own stories.

The community based rehabilitation approach of ABIOS is designed to encourage communities to learn more about brain injury so that they can support their own people in their own community. Our training supports this philosophy.

On occasions, we have attended community events with a display and stall, e.g NAIDOC Day, and health days in some communities. We are happy to talk with you about what type of training or education will be more likely to meet your community's or service needs. Our training is free, but there may be travel costs involved, depending on the location of the training.

ABIOS has developed a training package specifically for Aboriginal and Torres Strait Islander Health Workers. The training package has been piloted with three senior Health Workers from an Aboriginal Community in Southern Queensland and was delivered using flexible and interactive modes such as personal stories on DVD, home visits and group discussions. Participants were inspired to plan how they could use these resources in their own community. The training has also resulted in collaborative work with ABIOS around individuals with brain injury and their families in this community, resulting in positive client outcomes. This work will be ongoing.

This training is now available to Aboriginal and Torres Strait Islander Health Workers in other Queensland communities.

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