

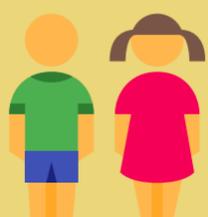
Recommending influenza vaccination for young children is essential because...

Children from six months to less than five years can now get the influenza vaccine for free through general practices and other childhood immunisation providers in Queensland.



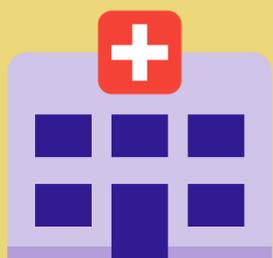
Flu can cause serious complications

At high risk are:

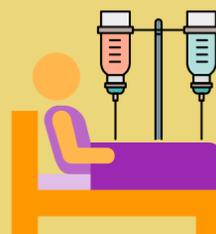


CHILDREN UNDER 5 YEARS

Up to **13%** of children under 5 hospitalised with flu are admitted to **intensive care** every year.¹



More than half of children admitted to public hospital with flu are **younger than 5 years**.¹



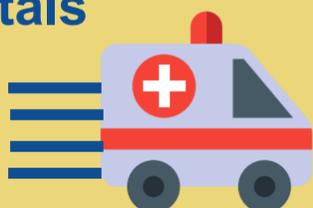
Most children being hospitalised or dying because of the flu

were previously healthy kids.

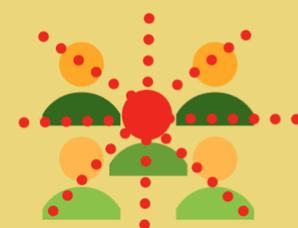


Flu shots can reduce the number of kids having to go to **emergency departments or hospitals**

by up to **70%** each flu season.²



Children, including healthy kids, are **more likely to catch the flu** than adults and are **'super-spreaders'** in the community.



1 Queensland public hospital influenza admission data 2013–2017
2 West Australian Influenza Vaccine Effectiveness Study 2009–2015



Five reasons why children should get the flu shot every year



Protects children against the flu and serious complications, such as bronchitis and pneumonia, in some cases hospitalisation or even death.

Protects children, their family and friends by helping contain the spread of flu.



Is better than catching the flu. Even though it doesn't provide 100% protection against the flu, if a child still catches the disease it can lessen its duration and severity.

Is safe and has been given to millions of children worldwide.



Avoids costs (for alternative work/childcare arrangements and medicine)

Flu is **not worse than** the common cold



Flu symptoms can include:

COUGH

Headaches
Body aches
Runny or stuffy nose

FATIGUE

CHILLS
Sore throat

FEVER

Five easy steps to help fight the flu

1



Get a flu shot every year

3



Cover your coughs and sneezes

5



Stay at home if you have flu symptoms

2



Wash your hands thoroughly for at least 20 seconds or use an alcohol based hand rub

4



Dispose of used tissues immediately, then wash your hands

