



Ophthalmology

Outpatient Referral Guideline

This service is available for assessment and treatment of cataracts. Urgent conditions should be referred via the Emergency Department

Please use this guide to complete the appropriate tests so patients can be accurately triaged. Referral should include complete patient / family history relevant to the patient's condition or complaint.

All investigation results are to accompany the patient referral when sent to the outpatients department. Tests results should be dated within three (3) months of referral date.

NB: If significant co-morbidities then please attached relevant tests results. E.g.: Echo, Stress test and RFTs.

Referrals containing insufficient information or that are illegible will be returned. This may result in delay appointment/treatment for your patient.

Baseline observations to be sent with all referrals to WBHHS

- Referral Letter
- Past Ocular history – trauma/operations
- General medical history – diabetes, hypertension, asthma
- Psychosocial and social Issues – driving, work, daily living, leisure, mobility
- Diabetic – indication of recent control of BSL e.g. HbA1c
- Social support – lives alone
- Contact Lens user
- Visual acuity (BCVA) and best corrected visual acuity with glasses
- Optometry report – when indicated

Chronic conditions suitable for referral

- Cataracts BCVA 6/12 or worse

Cancer conditions suitable for referral to tertiary facility

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| 1. Progressive/invasive cancers | • Intraocular malignancy |
| 2. Low grade non-progressive neoplasm | • Benign tumours and low-grade BCC |

The following conditions are not routinely seen within the Department of Health- Ophthalmology. Please consider optometry for supportive management of the following conditions:

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| • Adult refractive conditions alone, without co-morbidity, | • Drug toxicity |
| • Minor cosmetic abnormalities without any other pathology | • Headache |
| • Presbyopia without co-morbidity | • Cataracts with best corrected visual acuity (BCVA) < 6/12 |
| • Family history of Glaucoma | • Chronic stable |



Enquiries Monday to Friday, 8am to 3pm

Phone: (07) 4184 1885

Send Referrals to

Fax: (07) 4303 8299