Pregnant Woman With Suspected Covid-19: Triage And Risk Assessment

Screen before arrival where possible (e.g. by phone)
Triage in location separate from general public
Recommend/provide surgical face mask at face-to-face assessment

Assess risk

Ask about symptoms
- Of acute respiratory infection (shortness of breath, cough, sore throat, fever)

Ask about close contact risk factors
- Close contact with confirmed or suspected case
- Within last 14 days has:
  - Traveled internationally
  - Had close contact with an international traveller

Self-isolate 14 days if:
- Close contact with confirmed case or
- Testing declined
- Otherwise self-isolate pending COVID-19 test results

Risk factors identified?

YES

- Offer COVID-19 testing
- Perform clinical assessment

NO

Inpatient hospital care clinically indicated?

YES

- Usual maternity care
- Testing not indicated

NO

Notify maternity services ASAP

On admission/universal care
- Isolate
- Follow infection control protocols (e.g. handwashing, PPE)
- Alert obstetric/neonatal teams
- Consult with Infectious Diseases team
- Limit visitors
- Temperature, RR, oxygen saturation, EFM
- Symptomatic treatment

Retrieval/transfer
- COVID-19 positive alone not an indication

Antenatal
- Perform necessary medical imaging
- USS for fetal wellbeing after resolution of acute symptoms

Birth
- Negative pressure room (if possible)
- Continuous EFM
- Mode of birth not influenced by COVID-19 unless urgent delivery indicated

Postnatal separation of mother and baby
- Discuss risk/benefit with parents
- Consult with clinical experts
- Determine need on individual basis (e.g. informed by disease severity, parental preferences, psychological wellbeing, test results, local capacity)

Feeding (BF or formula)
- Hand hygiene before each feed
- Facemask while feeding
- Dedicated equipment (e.g. pumps, bottles)

Self-isolation (14 days)

- Advise to return home using personal transport (not public transport or ride sharing options)

Ongoing antenatal care
- Resume usual antenatal care after 14 days symptom free or negative test result
- If required, arrange antenatal care in the home while isolated
- Advise to telephone hospital if concerned

COVID-19
- Advise about standard hygiene precautions
- Provide information about COVID-19 (e.g. fact sheet)

Don’t
- Use public transport
- Go to school/work/public areas

Do
- Stay indoors at home
- Avoid contact with visitors
- Ventilate rooms by opening windows
- Separate self from other household members

CLOSE CONTACT (with confirmed or suspected case)
- More than 15 minutes face-to-face contact
- More than 2 hours in a closed space

ASAP: as soon as possible, BF: breastfeeding, EFM: electronic fetal monitoring, PPE: personal protective equipment, RR: respiratory rate, USS: ultrasound scan

COVID-19 Guidance for Maternity Services - 4 -
Version 1 | Guidance will be revised as information and evidence evolves