

STARS AND ROYAL BRISBANE & WOMEN'S HOSPITAL

Geriatric Medicine Service Description

RMO CAMPAIGN 2023

SURGICAL, TREATMENT AND REHABILITATION SERVICES (STARS) AND ROYAL BRISBANE AND WOMEN'S HOSPITAL (RBWH)

Number of Core Training Positions accredited: 4

Number of Core Training Positions available for 2023: 4

Number of Elective Training Positions accredited: NIL

Duration of Training Accredited: 24 MONTHS

Contact: Dr Kana Appadurai Kana.Appadurai@health.qld.gov.au

Description of Service

STAFF:

Geriatricians: Dr. Kana Appadurai, Dr Joseph Tan, Dr Denise Hobson, Dr Aparna Arjunan, Dr. Robert O'Sullivan, Dr Alison Cutler, Dr Shanthi Kanagarajah, Dr Elizabeth Waldie and Dr Stella Lin.

Rehabilitation Physicians: Dr Kong Goh, Dr Julia McLeod, Dr Cassandra McLennan, Dr Meredith Ogilvie-Brown and Dr Sarah Anderson.

PROGRAM

Geriatric and Rehabilitation Services is located across 2 sites on the Herston Campus at the Royal Brisbane and Women's Hospital (RBWH) and Surgical, Treatment and Rehabilitation Services (STARS). STARS is a new facility for Metro North and it commenced operations in February 2021. The Geriatric and Rehabilitation Services has services across 2 facilities as outlined below:

- 80 Inpatient rehabilitation beds across 3 wards (STARS)
- Day hospital – 5-day service (STARS)
- 28 bed Geriatric Evaluation and Management (GEM) Unit (STARS)
- Geriatric and Rehabilitation Liaison Service (GRLS) – RBWH
- Orthogeriatric Service located in acute orthopaedic ward (RBWH)
- Liaison service to Acute Stroke Unit (RBWH)
- Specialist clinics (Memory disorder, Geriatric Assessment, Rehabilitation Assessment, Spasticity Management and Falls Clinic) – Day hospital premises at STARS

There are 3 full time and 6 part time Geriatricians. 1 Fulltime and 5 part time Rehabilitation physicians. Some of the geriatricians also serve in acute general medical units in addition to working across all the above areas of the service line on a rotational basis. The advanced trainees may work on a 3 monthly or 6 monthly rotation across 4 core areas so as to maximise experiences in the different aspects of the service. Rotations will be across STARS and RBWH.

<p>Number/type of Geriatric Beds:</p> <p>1. 80 Rehabilitation beds at STARS Mix of elderly and younger aged persons for rehabilitation</p> <p>2. 28 GEM beds at STARS GEM model of care</p> <p>3. Orthogeriatric (Geri-Trauma) Service</p> <ul style="list-style-type: none"> • Peri-operative assessment and management as well as rehabilitation of elderly patients with upper and lower limb fractures, multi-trauma etc. • Medical management of Younger orthopaedic patients with Medical problems or complications (on consultation basis) 	<p>Specialty Clinics:</p> <ul style="list-style-type: none"> • Memory Clinic • Geriatric Assessment Clinic • Falls Clinic • Rehabilitation Assessment Clinic • Spasticity Management Clinic
<p>Consult Services:</p> <p>Geriatric and Rehabilitation Liaison Service (Consultant, Registrar, Clinical Nurse Consultant and Allied Health staffing)</p> <p>Hospital wide service that provides a single point of contact for all referrals for Rehabilitation and GEM patients including TCP</p>	<p>RADAR Royal:</p> <p>Shared care management service located at the Emergency Department RBWH for safe management of elderly patients presenting to ED from RACF. Offer both onsite management in ED as well as outreach service to RACF. Has a mix of Geriatrician, ED physician, Registrar and clinical nurses in the service.</p> <p>This position will not be offered for 2023. (Occupied by Geriatric trainee on alternate years)</p>
<p>Outpatient Clinics/Day Hospital:</p> <p>Day hospital service: Monday - Friday</p> <p>All specialist clinics located at Day hospital premises at STARS. Registrars attend the Memory and Geriatric Assessment clinics, Day therapy for patients post discharge from Acute or Subacute Inpatient services or referrals from Community / GP</p>	
<p>Formal Training</p>	
<p>Lectures:</p> <p>Weekly Statewide Geriatric Medicine lectures held at The Prince Charles Hospital (TPCH) or via Videoconference</p>	<p>Journal Club:</p> <p>Weekly Journal club and Teaching sessions at department on Thursday mornings</p>
<p>Grand Rounds:</p> <p>Weekly Medical grand rounds</p>	<p>Consult Rounds:</p> <p>3 - 4 per week</p>

<p>Other Specialty Links: Strong links with Rehabilitation, Internal Medicine and other Medical and Surgical specialist services at RBWH</p>	<p>Protected time per week: Up to 4 hours per week</p>
<p>Information Infrastructure</p>	
<p>Library: UQ Herston Medical Library located at RBWH. Currently only Online services in view of COVID</p>	<p>IT: Access to computers at STARS being a digital hospital with Internet access and access to UQ library, CKN and other databases online</p>
<p>Research:</p> <ul style="list-style-type: none"> • Memory clinic • STARS Education and Research Alliance • Collaboration with University of Queensland, UQCCR and TPC 	<p>Quality Assurance:</p> <ul style="list-style-type: none"> • Clinical Audits • Morbidity and Mortality meetings • Research Projects for college training requirements
<p>Trainee Responsibilities</p>	
<p>Coverage Roster:</p> <ul style="list-style-type: none"> • Weekend ward rounds on Saturday and Sunday on a rotational basis 	<p>Ward responsibilities/workload:</p> <ul style="list-style-type: none"> • Responsible for 15 in patients with support of 1 Resident medical officer (Rehab) • Responsible for 14 inpatients with support of 1 RMO (GEM) • Orthogeriatric Service – approx 15 patients – supported by Ortho RMO and part time Geriatrician • GRLS – consultation liaison service supported by Geriatrician
<p>Consultations: Core responsibility while on rotation with Geriatric and Rehabilitation Liaison Service – will work with an MDT and part time Medical consultant</p>	<p>Specialist Clinic coverage: Encouraged to rotate through all specialist clinics during training</p>
	<p>Research/presentations: Presentations at Journal club and Teaching sessions Grand round presentation Ferrier Teaching sessions Mortality and Morbidity review Research through memory / geriatric clinics and inpatients</p>

Teaching responsibilities:
Medical students and RMOs

Rotations available and opportunities for flexible training:
4 rotations of 3 months each through Rehab, GEM, Ortho-geriatrics and GRLS / Stroke Liaison.