General information for patients receiving infusions

• Please ensure you have completed your blood tests as advised by your Inflammatory Bowel Disease (IBD) nurse or doctor) because these need to be reviewed prior to your infusion being administered.

• Hydrate well. It is important to come to your infusion appointment well hydrated to allow for easier intravenous (IV) access. Suggestion: Your fluid intake two days prior to your infusion should be a minimum of six-eight glasses of fluid per day (about two litres). Avoid caffeine because this is a diuretic.

• Dress in layers because you may feel cold in the Day Unit Intervention and Therapy (DUIT) while receiving the infusion. Bring something to read (book, ipad etc).

• On arrival at DUIT a urine sample will be required to check you do not have a urinary tract infection. Please supply this sample on your arrival.

Contact us

Please notify the IBD service on 5370 3527 or mobile 0481 038 335, prior to your infusion appointment, if you have any:

• *infections or have been prescribed antibiotics near your infusion time. Your infusion may need to be rescheduled. Examples of infections include: urinary tract infection, pneumonia, shingles, skin ulcers or tooth abscess etc.

• **planned dental work or surgery. As your risk of infection is increased following dental work such as fillings, tooth extractions/or surgery, your infusions may need to be rescheduled before and after the dental work/surgery, to minimise any infection risk and aid healing. You may/will require antibiotic cover.

• If you are running late or unable to attend your appointment at DUIT please notify the staff as soon as possible on phone 5470 6511.

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Partnering with Consumers - Standard 2
Consumers and/or carers provided feedback on this patient information.

Service Delivery - Standard 11
Patients and the community have access to safe, high quality healthcare services that are appropriate, effective and meet their needs.