

ADVANCING HEALTH 2026 Oversight Committee

Communique – March 2017

The second meeting of the *Advancing health 2026* Oversight Committee was held on 16 March 2017. The meeting focused on obesity and physical activity.

Key points of discussion included:

- trends and existing government initiatives aimed at obesity and physical activity, as outlined in the [2016 Chief Health Officer report](#)
- the challenges faced in reducing obesity and increasing the physical activity of Queenslanders
- recognising that obesity and physical activity are issues for all of society, and that strong partnerships are needed
- outcomes from the Council of Presidents of Medical Colleges National Health Summit on Obesity, and recognition that the [National Summit Report on Obesity and Consensus Statement for Action](#) provides a good overview of the six priorities where action is required:
 - obesity—a chronic disease not a lifestyle choice
 - building health professional capability in the prevention and management of obesity
 - health professionals leading by example—putting our houses in order, making the healthy choice the easy choice
 - prevention begins before the beginning—preconception education and care
 - national obesity prevention strategy
 - food regulation and re-formulation for health.

The committee agreed to further discuss obesity and physical activity during the first half of the next meeting, with the aim of developing specific ideas for action across health and other sectors. The second half of the next meeting will focus on hospitals and emergency care, including how to ensure hospitals continue to meet demand.