Friday 19 June 2020

Good afternoon,

Epidemiology

- As we prepare for another weekend, it is reassuring to report that there has been no new cases of COVID-19 recorded in the last 24 hours: https://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/current-status/statistics. However, there is enough interesting items to justify an Update – thank you to everyone who shared the content for this e-mail.

Resources

- A recent, national report about ‘COVID-19, employment stress and student vulnerability in Australia’ is worth a read (attached). The main message is sobering: ‘the number of potentially vulnerable children in Australia will increase significantly’ (Thanks for sharing, Dana)
- A guide for ‘making the most of the nurse role during COVID-19’ has recently been published. The title ‘Why general practice needs nurses more than ever’ is particularly relevant as we celebrate the Year of the Nurse in 2020. The guide can be accessed here: https://apna.asn.au/files/DAM/8.%20Nursing%20Tools/TheValueofGeneralPracticeNursesJune2020.pdf
- An infographic (attached) from the national Department of Health provides a great one-page view of the current COVID-19 situation in Australia (Thanks James!)

Practical tip

- As part of the RACGP Infection prevention and control standards (5th edition), they provide the following advice in regards to washing clothes and practice linen;
  - Daily washing of workplace attire is advised.
  - In general, wash and dry with the warmest temperatures recommended on the clothing label with a disinfectant the manufacturer claims antiviral activity.
  - Mechanical drying in a tumble dryer is the preferred method because of the effects of thermal disinfection.

What do consumer think about the mental health service provision in Queensland?

- HCQ collated the perceptions of consumers about the provision of mental health service provision in Queensland. They report that ‘consumers want tailored, individualised care and communication and a system which prioritises and values preventative mental health care measures.’ (The report is attached for interest – thanks for sharing Jo)

Literature

- The attached article by McColl et al is worth a read (thanks for sharing it, Toni). If you are time poor, scan pages 8 and 9. The following passages stood out for me:
• ‘what was normal in life before is not present now and will not be for some time, or ever’
• ‘the pause process between the response and recovery phases…’
• ‘the decision to accept or reject the new normal framework’
• ‘timeframes should not define recovery, especially long-term recovery’

### Webinars

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<td>GCPHN</td>
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<tr>
<td>24-Jun-20</td>
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<td>NDS</td>
<td>Futures in the Disability Sector - During and After COVID</td>
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<td>24-Jun-20</td>
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<td>DHASQ</td>
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### Inspirational thought

As restrictions continue to ease, I hope you and your family will have opportunities to enjoy our beautiful Queensland. I would like to share a photo we took during a holiday at one of my favourite places of all time. Clues: it is the largest sand island in the world with more than 100 freshwater lakes, a famous shipwreck and fewer than 400 residents. What is your favourite spot or attraction in Queensland.

Kind regards,
Carl

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About this Document:
- This document was an e-mail sent to a wide range of primary care staff and clinicians. The content is related to COVID-19 and the Queensland response and is intended for the free use and wide dissemination by the recipients or anyone else who access this webpage.
- Every effort has been made to ensure the information is accurate and up-to-date. If you become aware of any issues, please notify us so we can amend our documents.
- Please provide any feedback or contact us using our e-mail COVID19-PC@health.qld.gov.au. Please note that the inbox is not continuously monitored, and we may not be able to respond to every message.