

# 13 HEALTH Webtest

## Providing a sample using the home sample kit

1. Use the home sample kit which contains:
  - a pathology form
  - instructions on [how to collect your urine sample](#) (PDF, 202kB)
  - collection equipment
  - a reply-paid envelope to send your sample back for analysis.
2. Collect your urine sample and post it back for testing straight away.

1

Read the instructions included in the home sample kit.

2

Collect your sample and put it in the red zip-lock bag. Leave the pathology request form in the pocket of the bag.

3

Put the red zip-lock bag with your sample into the reply-paid envelope and post it straight away.

