

Quick reference

Voluntary assisted dying

This is a quick reference for people accessing voluntary assisted dying.

Find information

You can read information on the Queensland Health website (health.qld.gov.au/vad) or ask your healthcare team for more information.

Think about your options

Talk to your family, friends or carers (if you want to) about your options.

Ask your doctor or healthcare worker about voluntary assisted dying

You can talk to your doctor or another healthcare worker (e.g. nurse or social worker) about voluntary assisted dying. If you wish, you can take a family member, or carer to support you when having this conversation.

Your healthcare worker may not wish to talk about voluntary assisted dying. However, your healthcare worker should provide you with information about a doctor, health service provider or the Queensland Voluntary Assisted Dying Support Service (QVAD-Support) who can help you.

Phone: 1800 431 371

Email: QVADSupport@health.qld.gov.au

Find a doctor to help you

If your doctor is unable or does not wish to be involved in the voluntary assisted dying process, you can contact QVAD-Support. QVAD-Support can help you find a doctor who can consider your request.

Throughout the process

You can stop at any time

You can stop the process at any time. Some people may progress through the entire process but never take the substance or have the substance administered.

You can continue receiving other treatment

You should continue to see your current healthcare team. If you choose to access voluntary assisted dying you can continue other end-of-life care, including palliative care and hospice care.

You can involve your family and carers

Your family and carers can be involved if you want them to be. They can come to your appointments with you and help you make plans. But only you can make the decision about choosing voluntary assisted dying.

QVAD-Support can help you

QVAD-Support is available to provide advice to you, your family, or carers on accessing voluntary assisted dying in Queensland.

You will be supported if you are not eligible

If you are not eligible for voluntary assisted dying (at any stage), your doctor will explain this to you. You will be given support and advice on other care options available.

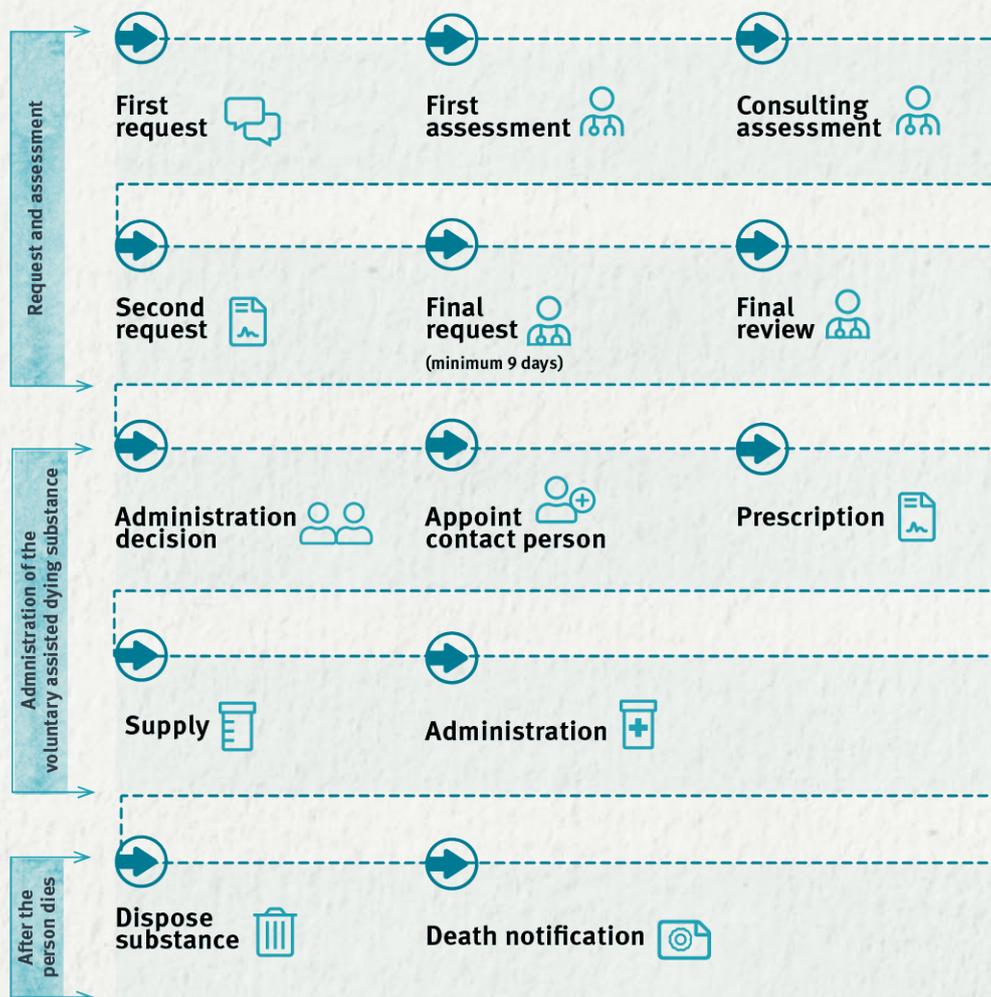
The process will stop if voluntary assisted dying is not your decision

Only you can choose voluntary assisted dying. No one else can make the decision on your behalf or pressure you to decide. If you are being pressured into choosing voluntary assisted dying, the process will stop. You will be given support and advice on other care options.



The voluntary assisted dying process

The following is a high-level overview of the voluntary assisted dying process. A more detailed explanation of the voluntary assisted dying process is available on the Queensland Health website.



The request and assessment stage

These are the steps you must take to request access to voluntary assisted dying. It includes what you, your coordinating doctor and your consulting doctor must do to decide if you are eligible for voluntary assisted dying.

Administration of the voluntary assisted dying substance

These are the steps you must take to decide how the voluntary assisted dying substance will be administered. Your doctor will talk to you about the different options. It also covers the prescription, supply and administration steps.

After you die

These are the steps that your contact person and doctor must take after you die, regardless of whether you die from taking the voluntary assisted dying substance or another cause. Your death certificate will state you died from your underlying illness, disease, or medical condition was the cause of death. It must not mention voluntary assisted dying.