

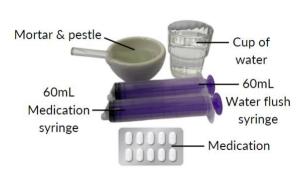
How to give medication through your feeding tube

Applicable for all types of tube feeding methods. Ask your pharmacist which medications can be put through your feeding tube.

1. Assemble equipment

2. Wash hands well with soap and water

3. Draw up a minimum of 30mL of water into syringe









4. Kink feeding tube (to stop backflow of stomach contents) and connect syringe

5. Perform *pre*medication water flush
using the start/ stop
method

6. Kink feeding tube and disconnect syringe









7. Use mortar and pestle (or tablet crusher) to crush medicine into a fine powder

8. Draw 30mL of water into syringe and add to fine powder

9. Mix medicine and water until there are no lumps





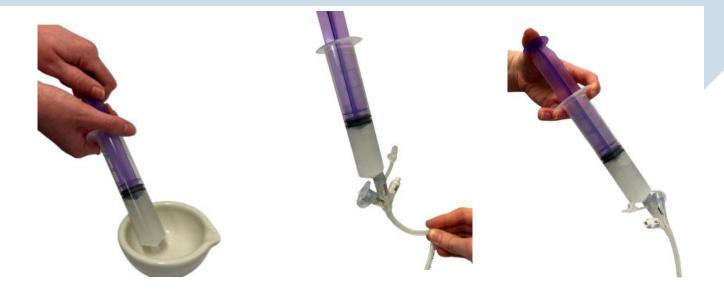




10. Draw mixture into the medication syringe

11. Kink feeding tube (to stop backflow of stomach contents) and connect syringe

12. Push through the medication mixture





13. If there is leftover powder in the mortar and pestle, mix with 10mL of water and repeat steps 10-12

14. Kink feeding tube and disconnect the syringe

15. Perform *post*medication water flush using the start/ stop method 16. Wash all equipment in warm soapy water, rinse, let air dry and store in a dry, cool place









