

# Ten top tips for talking with people with aphasia

Use pen and paper

Say one thing at a time

Don't pretend you understand

Don't rush – slow down, be patient

Draw diagrams or pictures

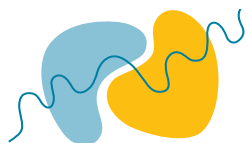
Write down key words

Relax – be natural

Recap – check you both understand

Ask what helps

Reduce background noise



**connect**

the communication disability network

[www.ukconnect.org](http://www.ukconnect.org)



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**Connect is a charity for people living with aphasia, a communication disability which usually occurs after stroke.**

**At Connect, people with aphasia:**

- develop and deliver services they need and want
- are active collaborators – informing, driving and improving all we do.

**Together, we:**

- provide training and consultancy to service providers
- offer information and support to help everyone understand aphasia and its impact
- champion the rights of people with aphasia.

**Connect – the communication disability network**

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