## Summary of termination of pregnancy

### Legal requirements ToP Act 2018
- **Less than or equal to 22+0 weeks**
  - A medical practitioner may perform a termination upon request
- **At or after 22+1 weeks**
  - A medical practitioner may perform a termination if, in consultation with another medical practitioner, all the below circumstances are met
  - Circumstances both medical practitioners must consider:
    - All relevant medical circumstances
    - The woman’s current and future physical, psychological and social circumstances
    - Professional standards and guidelines relevant to the practitioners in relation to termination

### Pre-termination assessment
- Clinical assessment
  - Confirm pregnancy
  - Medical, obstetric, sexual history
  - Psychosocial history
    - Screening for domestic violence or reproductive coercion
    - Refer as appropriate
- Examination/investigations
  - Determine gestational age
  - Confirm intrauterine pregnancy (exclude ectopic)
  - Routine antenatal bloods (consider if MTOP with MS-2 Step)
  - Ultrasound scan (USS)
  - Offer opportunistic health care
- Information
  - Provide accurate, non-judgemental, easy to understand information on:
    - Options for the pregnancy (including palliation/adoption)
    - Methods of termination
    - Contraception
    - Post-termination care
- Co-ordinate referrals
  - As clinically indicated
  - Offer confidential non-judgemental counselling
  - Offer formal mental health referral
  - Refer to other services (e.g. private service providers)
  - Discuss fetal autopsy

### Surgical or medical procedure
- Consider:
  - Gestation of pregnancy
  - Clinical indications
  - Preferences of the woman
  - Service level capability and expertise
  - Antibiotics for surgical procedures, if required

### Consent
- Consider issues of capacity
- Consider adequacy of information provision and counselling
- If less than 18 years:
  - Assess Gillick Competence
  - Assess mandatory reporting requirements

### Co-ordinate referrals
- Consider referrals specialist care, termination procedure, psychological support/counselling

### Post-termination care
- Histopathology
- Rh D immunoglobulin
- Analgesia requirements
- Provide after care advice
- Discuss contraceptive options
- Provide advice on accessing psychological care
- Recommend follow-up
- Refer as required

### Conscientious objection
- Disclose objection if termination is requested
- Without delay, transfer care to other service or to provider who does not have conscientious objection

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ToP: termination of pregnancy, Rh D: rhesus D