



Paediatric

Outpatient Referral Guideline

Please use this guide to complete the appropriate tests so patients can be accurately triaged within the PAEDIATRIC Outpatient Department. Referral should include complete birth and developmental medical history/family and social history/demographic data. **All information to accompany the patient referral when sent to PAEDIATRIC outpatients department.**

Please provide a BMI for your patient when referring.

Presentation	Required information
Inattention, overactivity (Possible ADHD) Ages 5 – 16th Birthday	<ul style="list-style-type: none"> • Audiology assessment • Visual assessment • Completion of recognised screening tools, eg: Vanderbilt's by parent/carers and teachers • School reports if available • Previous cognitive assessments if available • Correspondence from previous treating clinicians if available
Communication problems (Potential Autism spectrum disorders) Ages 0 – 2 years 3 – 14 years	0 – 2 years
	<ul style="list-style-type: none"> • Audiology screening • Completion of screening tools eg: CHAT (12-18mths) MCHAT (>18mths), CSBS Infant and Toddler Checklist • Developmental Milestones: http://conditions.health.qld.gov.au/HealthCondition/home/topic/8/96/growth-and-development
	3 – 14 years
<ul style="list-style-type: none"> • Cognitive assessments: <ul style="list-style-type: none"> ◦ Audiology • Developmental Milestones: http://conditions.health.qld.gov.au/HealthCondition/home/topic/8/96/growth-and-development • School reports if available • Speech Therapy report if available, to be considered strongly for communication difficulties • Correspondence from previous treating clinicians • Treatments (recommended/delivered) and responses to same CAST Assessment: See Related Links at www.health.qld.gov.au/widebay/wbhhs-referral-guidelines.asp	
Behaviour/emotional problems Ages 0 – 5 years 6 – 14 years	<ul style="list-style-type: none"> • Psycho/Social History • Developmental Milestones: http://conditions.health.qld.gov.au/HealthCondition/home/topic/8/96/growth-and-development • Copies of previous mental health assessments • Previous cognitive assessment • Audiology assessments • Previous medication interventions • Attendance at recognised parenting courses especially if < 5years of age • Strength and Difficulties questionnaire: http://www.sdqinfo.com/py/sdqinfo/b0.py • Vanderbilts PDF in Related Links at www.health.qld.gov.au/widebay/wbhhs-referral-guidelines.asp



Presentation	Required information
Learning	<ul style="list-style-type: none"> • Audiology assessments
Difficulties/school problems Ages 5 –14	<ul style="list-style-type: none"> • Visual assessments • School history and reports • Copies of previous cognitive assessments • Interventions and responses • Strength and Difficulties questionnaire: • http://www.sdqinfo.com/py/sdqinfo/b0.py • Vanderbilts PDF in Related Links at www.health.qld.gov.au/widebay/wbhhs-referral-guidelines.asp
Developmental problems Ages 0 – 5 years	<ul style="list-style-type: none"> • Hearing assessment • Visual assessment • Previous cognitive assessments • Pre-School reports if available • Developmental Milestones: http://www.qld.gov.au/health/children/babies/milestones/index.html
Continence – enuresis/wetting Ages 6 – 16	<ul style="list-style-type: none"> • Urinary diary • MCS Urine • Renal ultrasound • Previous treatments and responses (including constipation)
Constipation	<ul style="list-style-type: none"> • Duration of symptoms • Bristol stool chart and Frequency of Bowel actions http://www.sthk.nhs.uk/library/documents/stoolchart.pdf • Response to previous/tried treatment • Investigations results
Failure to thrive	<ul style="list-style-type: none"> • Serial Percentile charts • Feeding/dietary history • Associated medical diagnosis • Results of any investigations
Gastro-oesophageal reflux	<ul style="list-style-type: none"> • Percentile charts • Feeding history (including Formulas tried) • Post Natal Depression Score for mother -/+ Father www.blackdoginstitute.org.au/docs/CliniciansdownloadableEdinburgh.pdf • Treatments and responses
Plagiocephaly	<ul style="list-style-type: none"> • Serial Head circumference percentile chart • Photograph • Documented evidence regarding safe sleeping and positioning as per SIDS guidelines https://rednose.org.au/section/professionals_hub

Enquiries	Monday to Friday, 9am to 4pm	
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