Questions
to ask your health professional.

Your local health service is proud to be Choosing Wisely.

Ask your health professional these questions:

What are the benefits? Tests may help you and your health professional to determine the problem. Treatments such as medicines and procedures may help you resolve the problem.

What are the risks? Ask if there will be any side effects and what the chances are of needing more tests, treatment or another procedure. Also ask what the recovery may entail.

What are the alternatives? It’s important to investigate with your health professional all options available to you. Often lifestyle changes, such as diet or exercising may help alongside other treatments.

What if I do nothing? Ask if your condition may get worse or better if you don’t have the test, treatment or procedure.

For more information visit choosingwisely.org.au
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