

Information for people assessed as eligible

Voluntary assisted dying

You have received this information because your coordinating or consulting doctor has assessed you as eligible to access voluntary assisted dying.

When your coordinating doctor or consulting doctor tells you that you are eligible to move onto the next stage in the process, they will talk to you about:

- your condition and treatment options
- the voluntary assisted dying substance
- the voluntary assisted dying process
- your ongoing healthcare.

If you have been assessed as eligible, you can still choose not to continue with the voluntary assisted dying process. You can choose to stop the process at any time.

Your condition and treatment options

Your coordinating doctor and consulting doctor may go through information about:

- your diagnosis and prognosis
- the treatment options available to you and the likely outcomes of that treatment
- the palliative care and treatment options available to you based on your illness, disease or condition, and the likely outcomes of that care and treatment.

The voluntary assisted dying substance

Your coordinating doctor and consulting doctor will discuss with you:

- the potential risks of self-administering or being administered a voluntary assisted dying substance
- that self-administering or being administered a voluntary assisted dying substance will result in your death
- whether self-administration or practitioner administration would be more likely for you.

The voluntary assisted dying process

Your coordinating doctor will talk to you about the:

- request and assessment phase of the process
 - refer to the *Acceptance of the first request information*, that your coordinating doctor gave you when they accepted your first request
- need for your second request to be signed in the presence of two witnesses
 - you can refer to the *Choosing a witness to the second request information*, that you may be given if you get to this step
- need to appoint a contact person if you make an administration decision
 - you can refer to the *Choosing a contact person information* that you may be given if you get to that step
- fact that you can stop the voluntary assisted dying process at any time.

MORE INFORMATION

health.qld.gov.au/vad



Queensland
Government

Your ongoing healthcare

It is recommended that you consider letting your healthcare team know about your decision to request voluntary assisted dying. As you move through the voluntary assisted dying process, it is important to continue to discuss your needs with your healthcare team. Your care will be provided as usual.

Queensland Voluntary Assisted Dying Support Service (QVAD-Support)

QVAD-Support provides care and support to all Queenslanders about voluntary assisted dying.

QVAD-Support is run by care coordinators who are medical, nursing, and allied healthcare workers.

You can talk to a care coordinator Monday to Friday, 8.30am-4pm.

Phone: 1800 431 371

Email: QVADSupport@health.qld.gov.au

Support services

Different people may need and want different levels of support. Some people may become upset when reading about voluntary assisted dying. If this has raised distressing issues for you or someone you know, you can call one of the helplines below:

24/7 crisis services

- Mental Health Access Line call 1300 64 22 55 (24/7)
- Lifeline call 13 11 14 (24/7 – phone, text, online)
- Suicide Call Back Service call 1300 659 467 (24/7 – phone and online)

Support services

- Beyond Blue call 1300 22 4636 (24/7 – phone, online)
- Griefline call 1300 845 745 (6am to midnight AEST, 7 days a week)
- Queensland Transcultural Mental Health Centre call 3317 1234 or 1800 188 189 (outside Brisbane) or 1300 64 22 55 (24/7)
- World Wellness Group (multicultural support) call 1300 079 020
- 13YARN (13 92 76) for Aboriginal and Torres Strait Islander people

For more information and support visit <https://www.qld.gov.au/health/mental-health/help-lines>.



Help in your language

If you need an interpreter, ask your doctor for one. It is free.

For help reading this information call:

- Multicultural Connect Line free hotline number: 1300 079 020
- Interpreter Service (Help with English): 13 QGOV (13 74 68) and ask for an interpreter
- Translating and Interpreting Service: 13 14 50