| | CLINICAL PROCESS | | | | |
|-------|------------------------|---|--|--|--|
| | | END-OF-LIFE CARE FRAMEWORK | ADVANCE CARE PLANNING | TRANSITION OF GOALS OF CARE | TERMINAL CARE |
| RACFS | Organisational support | Standards and guidelines Aged Care Quality Standards Charter of Aged Care Rights National Palliative Care Standards (5th Ed) Australian Commission on Safety and Quality National Consensus Statement: Essential elements for recognising and responding to acute physiological deterioration Frameworks and models End-of-Life Care Framework- Last 12 months of life A consensus-based list of medicines suitable for the management of terminal symptoms in community and residential aged care facilities in Australia Guides/ tip sheets MBS items to support delivery of palliative care PalliPHARM Core Palliative Care Medicines for Queensland Community Patients Factsheet PalliPHARM Factsheet | Queensland legislation Guardianship and Administration Act 2000 Powers of Attorney Act 1998 Public Guardian Act 2014 Public Guardian Queensland Civil and Administrative Tribunal Act 2009 Accessing ACP documents Office of Advance Care Planning (Qld) My Health Record The Viewer Guides/ tip sheets Advance care planning in general practice: guidance on the use of MBS items (ACP Australia) Develop a plan for your organisation on how to systematically implement ACP (Dementia Australia) Aged Care Implementation Guide (ACP Australia) ADH & EPOA documents - what has changed Information Sheet | | |
| | Clinical Care | Surprise question SPICT ™ Frailty scale SBAR handover and communication Dying to talk discussion starter Standards and guidelines Clinical practice guidelines for communicating prognosis and end-of-life issues with adults in the advanced stages of a life-limiting illness, and their caregivers RACGP aged care clinical guide (Silver book) Frameworks and models PREPARED model – A quide for clinicians for conversations about the last days of life | | Templates Palliative care case conference – checklist and summary (palliAGED) GP invitation (palliAGED) Family invitation (palliAGED) | Residential aged care end of life care pathway (RAC EoLCP) Palliative care needs assessment tool (ELDAC) NIKI T34™ syringe pump learning package (PallConsult) NIKI T34TM Subcutaneous Medication Infusion Chart (PallConsult) Standards and guidelines Therapeutic guidelines for palliative care (available for purchase) Apps palliMEDS palliAGEDgp palliAGEDnurse |

| | | END-OF-LIFE CARE FRAMEWORK | ADVANCE CARE PLANNING | TRANSITION OF GOALS OF CARE | TERMINAL CARE |
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| RACFS | Education | Videos • The end-of-life care framework eLearning modules for nurses • PCC4U Module: Communication eLearning module • Clinical Frailty Scale (CFS) training module • EN toolkit & Care Worker Toolkit | eLearning modules for nurses Introducing advance care planning for people in your care (Module 1) Understanding ACP documents commonly used in Queensland (Module 2) Supporting conversations to complete the Statement of Choices document (Module 3) Using PREPARED framework to support advance care planning discussions (Module 5) Guides/tip sheets Guide for health professionals using the Statement of Choices Steps for a completed Statement of Choices to be uploaded to the Viewer Best practice standards for advance care planning Auditing of Statement of Choices | eLearning modules for nurses • Palliative care case conferences in residential aged care (Module 2) | Caring@home Videos Management of pain (palliAGED) Management of delirium (palliAGED) Management of breathlessness (palliAGED) ELearning modules for nurses Principles of quality terminal care (Module 3) End-of-life care in RACFs: pharmacological symptom management (Module 4) NIKI T34™ syringe pump learning package (PallConsult) Tip sheets Tips for nurses: Continuity of care (palliAGED) Tips for careworkers: Continuity of care (palliAGED) |
| RACFS | Self-care | Tip sheets Tips for nurses: self-care (palliAGED) Tips for careworkers: self-care (palliAGED) eLearning modules for nurses Nurturing resilience and fostering self-care as an aged care nurse (Module 1) Apps MyGrief | documents | | |
| | Teaching others | eLearning module for nurses Cultural considerations for end-of-life care (Module 4) | | | |

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| RACFS | Supporting families and residents | Brochures • What is palliative care? | Brochures My Care My Choices My Care My Choices (other languages) Forms Statement of Choices Form (A and B) Advance Health Directive (AHD) Enduring Power of Attorney (EPOA) Revocation of an EPOA or AHD Tip sheets Tips for completing Form A Tips for completing a Statement of Choices Form B Factsheets Enduring Power of Attorney Advance Health Directive Statutory Health Attorney For Aboriginal and Torres Strait Islander people My Statement of Choices Form B Caring for your mob at the end of their life brochure The Aboriginal and Torres Strait Islander Discussion Starter Aboriginal and Torres Strait Islander Card Game Pop Arthur Comic Book Taking care of dying Time — Step 1 — Advance Care Planning — video | | Factsheets Family/carer information regarding medications in the last days of life (CEC NSW) The dying process (PCA) Understanding Dying Factsheet (PalAssist) Caring For Someone Who is Dying Factsheet (PalAssist) They've Stopped Eating and Drinking Factsheet (PalAssist) Brochures A Guide to Palliative Care In Queensland (PalAssist) Breathlessness Factsheet (PalAssist) Breathlessness Factsheet (PalAssist) Restlessness Factsheet (PalAssist) Why am I so tired? (PalAssist) Bowel Care And Constipation Near The End Of Life (PalAssist) Navigating Palliative Care in Queensland - Residential Aged Care Facility (PalAssist) Navigating Palliative Care in Queensland - Rasidential Aged Care in Queens |
| RACFS | Quality improvement | Audit tools ELDAC Palliative Care and Advance Care Planning Organisational audit After Death audit (ELDAC) Quality improvement tools for GP practices (ELDAC) | Audit tools Advance care planning (ACP) continuous quality improvement audit tool for patients with dementia | | |

ADVANCE CARE PLANNING

END-OF-LIFE CARE FRAMEWORK

TRANSITION OF GOALS

TERMINAL CARE

| | | END-OF-LIFE CARE FRAMEWORK | ADVANCE CARE PLANNING | TRANSITION OF GOALS OF CARE | TERMINAL CARE |
|------------------------|------------------|--|--|-----------------------------|--|
| | Clinical Care | Standards and guidelines Clinical practice guidelines for communicating prognosis and end-of-life issues with adults in the advanced stages of a life-limiting illness, and their caregivers RACGP aged care clinical guide (Silver book) Monitored medicines (Qscript), Queensland Health Frameworks and models PREPARED model – A guide for clinicians for conversations about the last days of life | | | |
| GP/COMMUNITY/INPATIENT | Education | Videos The end-of-life care framework eLearning modules for nurses PCC4U Module: Communication EN toolkit & Care Worker Toolkit eLearning modules for doctors, nurses and allied health in acute hospitals Dying a normal part of life (End of Life Essentials) Chronic complex illness end-of-life care (End of Life Essentials) Teams and continuity for the patient (End of Life Essentials) Patient-centred communication and shared decision-making (End of Life Essentials) eLearning module Clinical Frailty Scale (CFS) training module | eLearning modules for nurses Introducing ACP for the people in your care (module 1) Understanding ACP documents commonly used in QLD (module 2) Supporting conversations to complete the SOC document (module 3) Using the PREPARED framework to support advance care planning discussions (Module 5) Guides/tip sheets Guide for health professionals using the SOC Steps for a completed Statement of Choices to be uploaded to the Viewer Best practice standards for advance care planning Auditing of Statement of Choices documents | | eLearning modules for nurses Introducing the caring @home resources and their benefits (Module 1) Conducting the one-on-one training session (Modules 2A & 2B) NIKI T34™ syringe pump learning package (PallConsult) eLearning modules for doctors, nurses and allied health in acute hospitals Recognising the end of life (End of Life Essentials) Planning end-of-life care – goals of care (End of Life Essentials) Imminent death – how to respond (End of Life Essentials) Emergency department end-of-life care (End of Life Essentials) |

| | | END-OF-LIFE CARE FRAMEWORK | ADVANCE CARE PLANNING | TRANSITION OF GOALS OF CARE | TERMINAL CARE |
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| | Self-care | Tip sheets Tips for nurses: self-care (palliAGED) Tips for careworkers: self-care (palliAGED) eLearning modules for doctors, nurses and allied health in acute hospitals Responding to concerns (End of Life Essentials) Apps MyGrief | | | |
| GP/COMMUNITY/INPATIENT | Teaching others | | | | PowerPoint presentation: Conducting education for a carer about giving subcutaneous medicines |
| GP/COMMUNITY/INPATIENT | Supporting carers and patients | What is palliative care? (PCA) | Brochures My Care My Choices My Care My Choices (other languages) Forms Statement of Choices Form (A and B) Advance Health Directive (AHD) Enduring Power of Attorney (EPOA) Revocation of an EPOA or AHD Tip sheets Tips for completing Form A Tips for completing a Statement of Choices Form B Factsheets Enduring Power of Attorney Advance Health Directive Statutory Health Attorney | | Factsheets carerhelp When the person is dying carerhelp Preparing for dying Family/carer information regarding medications in the last days of life (CEC NSW) The dying process (PCA) Understanding Dying Factsheet — PalAssist Caring For Someone Who is Dying Factsheet — PalAssist They've Stopped Eating and Drinking Factsheet — PalAssist Palliative Care Medicines Factsheet Storing your palliative care medicines safely Factsheet Disposing of your palliative care medicines safely Factsheet |

| | END-OF-LIFE CARE FRAMEWORK | ADVANCE CARE PLANNING | TRANSITION OF GOALS OF CARE | TERMINAL CARE |
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| | | For Aboriginal and Torres Strait Islander people My Statement of Choices Form A My Statement of Choices Form B Caring for your mob at the end of their life brochure The Aboriginal and Torres Strait Islander Discussion Starter Aboriginal and Torres Strait Islander Card Game Pop Arthur Comic Book Taking care of dying time – Step 1 – Advance Care Planning – video | | eLearning modules carerhelp Preparing for dying Brochures A Guide to Palliative Care In Queensland – PalAssist About Morphine Factsheet – PalAssist Breathlessness Factsheet – PalAssist Restlessness Factsheet – PalAssist Why am I so tired? – PalAssist Bowel Care And Constipation Near The End Of Life – PalAssist Difficulty Sleeping Factsheet – PalAssist Navigating Palliative Care in Queensland – Residential Aged Care Facil – PalAssist Navigating Palliative Care in Queensland – PalAssist Navigating Palliative Care in Queensland – Care Syears and older – PalAssist Navigating Palliative Care in Queensland – Care Syears and older – PalAssist |
| Quality | Audit tools ELDAC palliative care and advance care planning organisational audit Quality improvement tools for GP practices (ELDAC) | Audit tools Advance care planning (ACP) continuous quality improvement audit tool for patients with dementia | | |

USEFUL WEBSITES FOR PALLIATIVE CARE RESOURCES

- Australian Centre for Grief and Bereavement
- Care at the end of life (Queensland Health)
- CareSearch
- ELDAC
- End-of-life essentials
- End of life law in Australia (QUT)
- Gwandalan Palliative Care: National Palliative Care Supporting Palliative Care for Aboriginal and Torres Strait Islander Communities
- PallAssist
- Palliative Care Australia
- PallConsult
- palliAGED
- PCC4U
- SPACE Specialist Palliative Care in Aged Care Project (RACF only)
- PACE app Palliative Care Education Directory

Voluntary Assisted Dying - Voluntary assisted dying gives people who meet eligibility criteria, are suffering and dying, the option to ask for medical assistance to end their life.

Information for clinicians and consumers regarding voluntary assisted dying is available here: Voluntary assisted dying | Health and wellbeing | Queensland Government (www.qld.gov.au)