Pre term birth
24 per cent less likely to occur.¹

Babies
16 per cent reduction in pregnancy loss and neonatal death.¹

Normal birth
15 per cent less likely to have regional analgesia.¹
16 per cent less episiotomy.¹
10 per cent less likely to have instrumental birth.¹

Known midwife at birth
7 times more likely to be attended at birth by a known midwife.³

Benefits from continuity of midwifery models

Breastfed babies
More likely to be breastfed at 6 weeks and 6 months.²

Midwives workforce
Midwives in continuity of midwifery care model have less burnout, depression and anxiety.⁴

Cultural safety
Continuity of carer models improve culturally responsive care for Aboriginal and Torres Strait Islander women.³

Greater satisfaction
Women more satisfied with aspects of care.⁵