Urology Department

Patient information

What is urine flow rate?
Urine flow is a test that measures the speed and amount of urine you pass. A bladder scan is used to tell how much urine is in your bladder. You will be asked to pass urine into a special toilet with a funnel. This test helps the doctor to assess your bladder.

What do I need to do before my appointment?
We ask that you drink 500mls of water an hour before your test. If you cannot travel with a full bladder, you can drink the water here when you arrive. As soon as you have a strong urge to pass your water, you are ready to do the test. You do not have to hold on until you are uncomfortably full. This is a quick procedure with no long waiting times. Be reassured that this procedure has a quick turn around and you will be seen promptly.

What happens when I arrive for my appointment?
1. You will be asked to pass urine in a private room
2. For this test to be successful, you will need to pass more than 150mls
3. The continence nurse will attend a bladder scan to detect urinary retention
4. Only takes up to 10-20 minutes
5. You go home.

What happens if I cannot pass urine?
If you do not have a full bladder, testing will be delayed. We will then ask you to wait outside and drink water and wait for your bladder to fill which can take much longer; up to three hours.

Where do I go?
The testing will be done in Ambulatory Care Centre Clinic 2, please report to the reception desk, Level 1 Sunshine Coast University Hospital.

What do I bring?
Please bring a bottle of water with you

If you have any concerns please call:
5202 2222

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