Barriers to transplant in DDH: What is the significance of obesity?

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To quantify how many patients are currently precluded from transplantation due to BMI.
FIGURE 2: RENAL REPLACEMENT THERAPY MODALITY

- In-centre HD (n=32) 30%
- Home HD (n=27) 25%
- Satellite HD (n=22) 21%
- PD (n=26) 24%
Method

• Anthropometry
• Length of time on RRT
• Reason for preclusion
Barriers to activation diabetics

- malignancy
- malignancy-skin
- malignancy-internal
- refused
- unwell
- smoker
- weight
- frailty
- cardiac
- AAA
- adherence
- active
Preclusion

- Cardiac (1): 22%
- Obesity (1): 19%
- Obesity (2): 12%
- Other: 47%
Average patient health care expenditure

- **Tx**: 110,000
- **RRT**: 310,000
Recommendations

1. Greater support and earlier intervention for life-style modifications
2. Annual revaluation on arthrometry and barriers to transplant
3. Further analysis of barriers to weight loss in the dialysis population needs to be undertaken.