**Mental Health Act 2016 Seclusion**

**Flowchart 2: Reduction and Elimination Plan**

Patient likely to require more than 9hrs seclusion in 24hrs.

Will a Reduction and Elimination Plan be approved prior to 9hrs (total) in seclusion?

**NO**

“Extension of seclusion”

Authorised Doctor to complete an Extension of Seclusion form. *only 1 extension is permitted*

Send Extension of Seclusion form to relevant Clinical Director for approval.

Where necessary, Clinical Director or Psychiatrist On-Call can email approval to Authorised Doctor, and sign the form within 24hrs. Copy of email should be uploaded to CIMHA.

Seclusion extended to allow for the REP to be approved.

Valid for up to 12hrs

Commence REP

**YES**

“Reduction and Elimination Plan”

Authorised Doctor to complete a Reduction and Elimination Plan (REP).

Send REP to relevant Clinical Director for approval.

Send REP to Psychiatrist On-Call for approval.

Does this REP supersede or directly follow on from a previous REP OR involve mechanical restraint?

**NO**

No further approval required.

**YES**

Send REP to Chief Psychiatrist (in hours) or Chief Psychiatrist On-Call (after hours) for approval.

*Amendments may be requested by the Chief Psychiatrist before approval can be provided.*

REP is approved.

Valid for up to 7 days

- Medically review patient at least every 3hrs
- Ensure nursing observations as required
- Continue Authorisations of Seclusion as required
- Seclusion must be ceased if it is no longer justified
- Consider whether a further REP will be required.

Chief Psychiatrist approval for a Reduction and Elimination Plan (REP) is required when:
- a REP supersedes or follows on from a previous REP, OR
- the Chief Psychiatrist has directed that a REP must be in place for a particular patient or class of patient, OR
- a REP involves mechanical restraint, with or without seclusion.

**Initial Plans:** Clinical Directors and On-Call Psychiatrists have delegation to approve initial REP (seclusion only).

**While a patient is in seclusion:** a medical review and a new seclusion authorisation are required every 3hrs minimum, including when an Extension of Seclusion or Reduction and Elimination Plan is in place.

CIMHA: Ensure seclusion plans, forms and events are recorded in CIMHA as per the Chief Psychiatrist’s Policy and Guideline on Seclusion.

To contact Chief Psychiatrist:

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