Safe fitting and removal of personal protective equipment (PPE) for healthcare staff

**CORRECT PROCESS FOR FITTING PPE**

**IMPORTANT:** Maintain standard precautions when fitting and removing PPE when caring for confirmed, probable or suspected cases of COVID-19!

1. **Perform hand hygiene**

2. **Put on long-sleeved, preferably fluid-resistant gown or apron**
   - Fasten the back of the gown/apron at the neck and waist.

3. **Put on surgical mask or P2/N95 respirator**
   - Secure ties (for surgical masks) or elastic bands (for respirators) at the middle of the head and neck.
   - Fit flexible band to nose bridge.
   - Ensure mask is fitted snug to face and below the chin.
   - For respirator use, perform a fit check according to manufacturer instructions.
   - Please see poster “Fit Check for P2/N95 respirator”

4. **Put on protective eyewear/face shield**
   - Place protective eyewear/face shield over eyes/face and adjust to fit.

5. **Put on gloves**
   - Extend to cover wrist of long sleeved gown, if worn.

**CORRECT PROCESS FOR REMOVING PPE**

**IMPORTANT:** Only remove mask after exiting the patient room!

1. **Remove gloves**
   - The outside of gloves is contaminated. Remove gloves being careful not to contaminate bare hands during glove removal.
   - Discard gloves into clinical waste.

2. **Perform hand hygiene**

3. **Remove gown or apron**
   - The gown front and sleeves are contaminated. Untie or break fasteners and pull gown away from body, touching the inside of the gown only.
   - Discard gown into clinical waste.

4. **Perform hand hygiene**

5. **Remove protective eyewear/face shield**
   - The outside of protective eyewear/face shield is contaminated. Remove eyewear/face shield by tilting the head forward and lifting the head band or ear pieces. Avoid touching the front surface of the eyewear/face shield.
   - Reusable items should be placed in a designated receptacle for reprocessing.
   - Place disposable items in clinical waste.

6. **Perform hand hygiene**

7. **Remove P2/N95 respirator or surgical mask**
   - Do not touch the front of the P2/N95 respirator or surgical mask.
   - Remove respirator or surgical mask by holding the elastic straps or ties and remove without touching the front.
   - Discard P2/N95 respirator or surgical mask into clinical waste.

8. **Perform hand hygiene**

Current as of 3 June 2020
Recommended personal protective equipment (PPE) for healthcare staff

**PPE RECOMMENDED FOR:**

**Routine care of confirmed, probable or suspected COVID-19 cases**

**Staff**

- Perform hand hygiene
- Recommended PPE for contact and droplet precautions:
  1. Long-sleeved, preferably fluid-resistant gown or apron
  2. Surgical mask
  3. Protective eyewear/face shield
  4. Gloves

**Patient**

- Place the patient in a single room with the door closed (a room from which the air does not circulate to other areas is preferred) if available
- Move patient within facility only when medically necessary
- Place a surgical mask on patient during transfer out of their single room if possible

**PPE RECOMMENDED FOR:**

**Aerosol-generating procedures performed on confirmed, probable or suspected COVID-19 cases**

**Staff**

- Perform hand hygiene
- Recommended PPE for contact and airborne precautions:
  1. Long-sleeved, preferably fluid-resistant gown
  2. P2/N95 respirator
  3. Protective eyewear/face shield
  4. Gloves

**Patient**

- Place the patient in a single room with negative pressure air handling
- Move patient within facility only when medically necessary
- If possible, place a surgical mask on patient during transfer out of their single room