

Queensland Eating Disorder Service

Present:

“Caring for People Affected by an Eating Disorder in the Community”

Thursday 15th October 2026

8:00am – 4:00pm

Community Addictions & Mental Health Services

2A Weippin Street, Cleveland

Eating Disorders Training Day

Presented by experienced clinicians and lived-experience speakers

This training is designed to enhance your knowledge and confidence in caring for people affected by an eating disorder within a community setting.

What you'll learn:

- ✓ Mentalising the consumer through the lived experience lens
- ✓ Overview of common eating disorders (as per DSM-5-TR)
- ✓ Medical & psychological risk considerations
- ✓ Management of nutrition
- ✓ Strategies to engage consumers and build motivation for change
- ✓ Overview of evidence-based treatment models
- ✓ How to access QuEDS and other resources

Who should attend?

Case managers, nurses, allied health professionals, medical officers, and peer or carer support workers. Suitable for all experience levels and work settings.

Please register via the link below

[Registration Link](#)