

## Managing Heart Failure: From Hospital to Home

Royal Brisbane and Women's Hospital  
Education Centre and Teams

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AEST	Tuesday 14th December 2021	
8.00	Join the conference	
8.30	Welcome and house keeping	Annabel Hickey
8.40	Heart failure pathophysiology and treatment (40 min)	Charles Denaro
9.20	Discussion (5 min)	
9.25	Diagnosing heart failure (25 min)	John Atherton
9.50	Discussion and quiz (10min)	
<b>10.00</b>	<b>Morning tea break (20 min)</b>	
10.20	Introduction to heart failure medicines (50 mins)	Serena Rofail
11.10	Discussion (5 mins)	
11.15	Symptom management (35 mins)	Linda Prentice/Sophie Lloyd
11.50	Discussion (5 mins)	
11.55	Nutrition and heart failure (20 mins)	Emma Whitmore
12.15	Discussion and quiz (5 mins)	
<b>12.25</b>	<b>Lunch break (50 mins)</b>	
13.10	Palliation of end-stage heart failure (30 mins)	Alison Kearney
13.40	Discussion (5 mins)	
13.45	Exercise and heart failure (35 mins)	Julie Adsett
14.20	Discussion (5mins)	
14.25	Sleep and heart failure (25 min)	Hervey Lau
14.50	Discussion and wrap up and Quiz (10 min)	

## Wednesday 15th December 2021

8.00	Join the conference	
8.30	Welcome (5 mins)	Annabel Hickey
8.35	Heart and Kidney failure (30 mins)	Keshwar Baboolal
9.05	Discussion (5 mins)	
9.10	Medication titration and complexities (40 mins)	Suzanne Lee
9.50	Discussion and quiz (10 mins)	
<b>10.00</b>	<b>Morning tea break (20 mins)</b>	
10.20	The experience of living with heart failure (15 mins)	Chris Moy
10.35	Heart and head (20 mins)	Anthony Carr/Stacey Deaville
10.55	Discussion (5 mins)	
11.00	Relationships, intimacy and heart failure (25 mins)	Monica Vitale
11.25	Discussion (5 min)	
11.30	Driving, work, travel, and rest (20 mins)	Nicole Coffey
11.50	Discussion (5 min)	
11.55	Pregnancy and heart failure (20 mins)	Will Parsonage
12.15	Discussion and quiz (10 mins)	
<b>12.25</b>	<b>Lunch break (50 mins)</b>	
13.15	Pulmonary hypertension (35 min)	John Feenstra
13.50	Discussion (5 mins)	
13.55	Implantable cardiac devices (35 mins)	Gerry Kaye
14.30	Discussion and Quiz finalisation (30 mins)	

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## About the speakers

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Dr Julie Adsett	Senior Physiotherapist, Heart Support Service, Royal Brisbane and Women's Hospital, Heart Failure Exercise and Rehabilitation Network State-wide Chair
Dr John Atherton	Director of Cardiology, Royal Brisbane and Women's Hospital, Associate Professor, University of Queensland, and Adjunct Professor, Queensland University of Technology.
Prof Keshwar Baboolal	Executive Director, Internal Medical Services, Royal Brisbane & Women's Hospital, Professor of Medicine, University of Queensland.
Mr Anthony Carr	Clinical Nurse Consultant, Consultation Liaison Psychiatry, Royal Brisbane and Women's Hospital
Ms Nicole Coffey	Occupational Therapist, Heart Recovery Service, Princess Alexandra Hospital
Dr Charles Denaro	Director, Department of Internal Medicine & Aged Care, Royal Brisbane & Women's Hospital, Associate Professor of Medicine, University of Queensland
Ms Stacey Deaville	Clinical Nurse Consultant, Consultation Liaison Psychiatry, Royal Brisbane and Women's Hospital
Dr John Feenstra	Thoracic Physician, QLD Lung Transplant Service, TPCH, Director of the Wesley Pulmonary Hypertension Unit, Senior Lecturer, Bond University.
Dr Gerry Kaye	Associate Professor, University of Queensland, Cardiologist and Interventional Electrophysiologist/Pacing, Brisbane Heart
Dr Alison Kearney	Staff Specialist, Palliative and Supportive Care, Royal Brisbane and Women's Hospital
Dr Hervey Lau	Sleep Fellow, Thoracic Medicine, Royal Brisbane and Women's Hospital
Ms Suzanne Lee	Senior Pharmacist, Heart Failure, The Prince Charles Hospital
Ms Sophie Lloyd	CN, Heart Support Services, Royal Brisbane and Women's Hospital
Mr Chris Moy	Deputy Chair of the Qld Heart Health Consumer Advisory Group (HHCAG)
Dr Will Parsonage	Senior Staff Cardiologist, Royal Brisbane & Women's Hospital, Professor and Clinical Director, Australian Centre for Health Services Innovation, QUT Visiting Cardiologist, St Vincent's Private Hospital
Ms Linda Prentice	Clinical Nurse Consultant, Heart Support Services, Royal Brisbane and Women's Hospital
Ms Serena Rofail	Senior Pharmacist Heart Support Service, Royal Brisbane & Women's Hospital
Ms Monica Vitale	Lead Nurse Educator and Nurse Practitioner, True relationships and reproductive health

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