New hospital, new site
... what happens now?

Wide Bay Hospital and Health Service will be reaching out into the community in a series of public information sessions about a new hospital for Bundaberg.

Our staff are welcome to join with community members from across Wide Bay as we explain the next stage of planning for a new hospital on a new site, and the opportunities it could bring to the region.

Public meetings will be held in Bundaberg, Hervey Bay, Maryborough and Gayndah to ensure stakeholders and the broader community are not only kept up to date, but have the chance to be involved in the process.

“We want the Wide Bay community to be fully aware of how we are developing this detailed business case and to be involved in the very exciting journey we’re on towards a new hospital, on a new site,” Wide Bay Hospital and Health Board Chair Peta Jamieson said.

“A new hospital for Bundaberg would be the most significant infrastructure project our region has undertaken in decades and involves an extensive planning process. The benefits would flow beyond Bundaberg to our entire region, which is why we’re also hosting these information sessions in other areas.”

WBHHS Chief Executive Adrian Pennington said the community information sessions would provide information about the various aspects of the detailed business case.

“Site selection has been a topic of community discussion and this session will explain how we will go about identifying potential sites, and how suitability will be assessed,” Adrian said.

“We’ll explain how we’ll go about designing a schematic plan for the new hospital, so it can support the services and infrastructure needs of our region, taking into account factors such as future acute and sub-acute bed capacity, diagnostic needs, support services like linen and catering, and technology requirements.

“Of particular interest to many people will be our workforce planning, which will account for the significant growth in a range of clinical and non-clinical roles, and how we’ll work with education providers to prepare for that.

“I encourage people to come along so they can learn about this exciting process, and have the chance to ask questions.”

Information sessions: the details

Monday, 29 July
Bundaberg Multiplex, 1 Civic Ave
12pm & 6pm

Tuesday, 30 July
Brolga Theatre Maryborough, 5 Walker St – 12pm

Tuesday, 30 July
Beach House Hotel, 344 Charlton Esplanade, Scarness 6pm

Tuesday, August 6
Gayndah Town Hall
32-34 Capper St – 12pm

What’s Inside
- War on clinical waste
- New staff safety program
- Transition Support success
- Bingo! Donation win for Renal
- Neonatal workshop
- 60 Seconds with Jason McCulloch

Have a story to share? Email the Media and Communications team.
Choosing wisely on waste

Wide Bay Public Health Physician Dr Margaret Young has joined ABC TV’s War on Waste presenter Craig Reucassell to challenge health staff from across Australia about the environmental impact of clinical waste.

The pair had a discussion about the topic to raise awareness among health staff at the recent Choosing Wisely Australia national meeting.

“Craig was aware of the concerns around the burden and volume of clinical waste, which is often overlooked,” WBHHS Choosing Wisely Project Director Sotera Trevaskis said.

“Reducing the risk of harm and waste are key principles of Choosing Wisely, so examining the effect and cost of clinical waste could be a valuable initiative for our health service to pursue as part of our commitment to implementing Choosing Wisely.”

“There is huge potential for us to show leadership in this area and investigate ways to benefit from sourcing clinical materials and products that also reduce our impact on the environment.”

WBHHS was represented at the conference by Dr Young, Sotera and Bundaberg Hospital Clinical Director of Paediatrics Dr Judy Williams.

The overall theme of the meeting was “From consultations to conversations” – which set the scene for addressing practices of low value and unnecessary care and sustaining change through consumer partnerships.

Keynote speaker Professor Trish Greenhalgh presented her research about the challenges of implementing and scaling quality projects in complex healthcare environments and encouraged attendees to critically engage with quality initiatives, such as Choosing Wisely, to drive organisational change.

For more information about Choosing Wisely Australia® visit www.choosingwisely.org.au

Is Monto happy or not?

Monto Hospital is the trial site for a new interactive system to take feedback from patients and visitors.

The Happy or Not initiative involves the 12-month trial of a touch-screen kiosk where patients and visitors rate their hospital experience.

It’s a strategy that has come about through feedback from the Partnering with Consumers Committee, with support from Clinical Governance.

Staff at Monto have been encouraging and assisting patients and visitors to use the kiosk.

After the trial period there will be an evaluation of the strategy and, depending on outcome, it may be rolled out other rural health sites and other WBHHS services.
Our teams help families to flourish

Our Child Health and Oral Health teams were among the superheroes at the annual Family Flourish Fun Day in Bundaberg recently.

The inclusive event is a celebration and acknowledgement of families across the region, organised by Bundaberg Regional Council.

This year it was held on July 4 at Boreham Park, coinciding with the July school holidays.

Representatives from Bundaberg Child Health are part of the team who plan and organise the event, which includes an official Welcome Baby ceremony and plenty of stalls relating to local family and child services.

More than 100 babies took part in the Welcome Baby event with their parents.

Flourish Family Day provides our Child and Oral Health teams with an excellent chance to catch up with local families, linking them to the services they provide and promoting good health messaging.
Bingo! Local club supports renal patients with funds

Bundaberg Hospital dialysis patients will have a more comfortable experience in the chair, thanks to a generous donation from the Bundy Bingo Club.

The bingo club has donated $6000 via the Bundaberg Renal Support Group to cover the costs of backpacks, blankets, earphones and related accessories.

The items will keep Bundaberg Hospital's dialysis patients warm and entertained as they spend long hours undergoing dialysis each week.

The bingo group raised the funds at its Wednesday night bingo calls at the Bundaberg Services Club.

Club members joined the Bundaberg Renal Support Group as they handed out the backpacks full of items to dialysis patients at the unit.

Bundy Bingo Club members were motivated to support the dialysis patients because their own members and people they cared for were among those having dialysis each week.

For a number of years they have donated $6000 annually to the Bundaberg Renal Support Group towards helping local patients.

Seeing the positive reactions from patients, as well as how practical the gifts were, was a cause for joy for the Bundy Bingo Club members who attended.

The Bundaberg Renal Support Group is a proactive group that fundraises and partners with community groups to support local patients.

WBHHS thanks the Bundy Bingo Group and Bundaberg Renal Support Group for their great work to make our patients' experience more enjoyable.

New safety training rollout

Over the coming weeks WBHHS will be rolling out a new occupational violence prevention training program.

This will involve a transition away from Aggressive Behaviour Management training toward the new Maybo system – which is a change being implemented across Queensland Health to ensure training is standardised statewide.

Queensland Health has invested funding and resources in recognition of the need to adopt a suitable occupational violence prevention package to support our valued staff.

The accredited and evidence-based Maybo training is patient focused with an emphasis on verbal de-escalation and effective communication.

“Maybo training provides employees with the understanding and skills to identify and manage challenging behaviours, while focusing on building positive relationships to defuse, prevent and learn from conflict,” WBHHS Chief Executive Adrian Pennington said.

“The physical components of Maybo have been biochemically and CO2 tested with the motive of applying least restrictive principles to further encourage and promote patients safety”.

“This move is a step in the right direction for everyone’s safety, and I look forward to seeing it being supported throughout the rollout.”

WBHHS has three dedicated Maybo trainers – Michael Stephensen, Karen Loney and Wendy Johnston – who started high-level Maybo physical skills training for security and mental health clinicians this week.

“The Maybo training will range from online training for low-risk roles to face-to-face and physical skills training for medium- and high-risk roles,” Wendy said.

“As trainers we appreciate this transition may be a challenge, however this training will enable our staff to expand their skills to minimise and prevent the escalation of difficult and challenging behaviours.”

In early August, the mandatory online training of the Maybo training in challenging behaviours awareness training will become available to all staff.
Sarah supported to new heights

A HERVEY Bay registered nurse has become the first graduate on the Fraser Coast to complete the Perioperative Transition Support Program.

Sarah Buenen, who works in Theatre, was recently presented with her certificate by Nursing Director Perioperative Jane Bartley, Perioperative Nurse Educator Julie Melhop and Theatre Acting Nurse Unit Manager Vanessa Hujber.

To gain the certificate, Sarah completed rotations in Instrument and Circulating Nurse, PACU and Anaesthetics – completing the equivalent of more than 300 hours of personal study and well as working full time and completing activities, assessments and written assignments.

She is now eligible to gain credits toward postgraduate university study.

Julie said it was exciting to see Sarah be a trailblazer for the Perioperative Transition Support Program.

"We're very proud of how much Sarah has achieved in the past 12 months," she said.

"Sarah was supported throughout her program by the management and education team.

Instrumental in her success were our Clinical Nurse Coaches, Melinda Oliver and Shane King, who were her ‘guides on the side’ – teaching, guiding and supporting her along the way."

Julie said the perioperative program was just the latest initiative to help build the capacity of the perioperative team.

“It follows the implementation of the Clinical Coach model and the development of the Anaesthetic Plus program – which won a WBHHS Excellence Award last year,” she said.

“All these things help us to develop our skills and achieve great outcomes for our patients.”

Turn over a new leaf and join a WBHHS book club

Are you looking for a way to wind down outside of work, or perhaps a gentle personal challenge?

Then consider joining a WBHHS book club – it’s a way to get to know your colleagues in a more relaxed setting, set yourself a reading challenge and pick up some books you might not otherwise have read.

Book clubs have already got under way in Bundaberg and Hervey Bay, while there’s also scope to set one up in Maryborough if enough people are interested.

"Many of the people who have joined us have said similar things – that they used to read more and they wanted to read regularly again, but needed a bit of motivation," he said.

"So anyone is welcome to join one of our clubs if they just need that extra bit of encouragement.”

To register your interest for the Bundaberg or Maryborough clubs, email WBHHS-GM-Surgery@health.qld.gov.au, and for Hervey Bay contact Christina.Ongley@health.qld.gov.au.
Great lifestyle complies with Jason’s expectations

Your role?
Compliance Manager.

How long have you been with WBHHS?
Six months.

How do you describe what you do?
My role has three primary functions:

1. Assisting our Internal Auditors KPMG during their audits and to follow up outstanding recommendations. 
2. Compliance Management involves identifying areas of non-compliance with legislative obligations and ensuring plans are put in place to comply.
3. As Fraud Control Officer, I increase staff awareness around fraud and corruption, what to look for and where to report it.

What’s best about your job?
Learning about different aspects of the organisation, undertaking a variety of work and assisting others to reduce risks in their areas.

When you’re not at work, you are...
Spending time with my wife and three kids. This usually includes fishing, camping, swimming, playing tennis, sitting around a fire or chilling at home.

What do you enjoy about living in Wide Bay?
Definitely the weather, the large variety of camping spots and beautiful beaches. It still amazes me that you can go to a beach up here and there may not be another soul in sight.

Tell us a fun fact about you.
Prior to moving to the Wide Bay we sold our house in Brisbane, bought a caravan and travelled Australia as a family for one year. We discovered and saw so many great spots, which was the catalyst for us moving to this region.

What was the last movie you saw?
The Kid Who Would be King.

Tea or coffee? Cat or dog? Maroons or Blues?
Coffee, every morning. Dog – we have a border collie-kelpie cross who likes rounding up our chooks! And as a born and bred Queenslander, it’s a no-brainer – Maroons.

NAIDOC Week coverage
Did you hunt through the Wave for photos from our NAIDOC Week events this week?
You didn’t miss them – they’ll be in the next edition to enable us to include all events, as they were still ongoing at publication time.

Joke of the day
A friend of mine failed his clinical exams recently when he x-rayed his lower torso. I think it’s because he didn’t put his heart into it.

Did you know Superman inherited his x-ray ability from his family? He has parental super vision.

What’s On

JULY
17 NAIDOC Ceremony – Bundaberg
28 World Hepatitis Day
28 JUL – 3 AUG DonateLife Week

AUGUST
1–31 Tradies National Health Month
1–7 World Breastfeeding Week
2 Jeans for Genes Day
5–9 Dental Health Week
8 Dying to Know Day
9 Red Nose Day
20-26 Be Medicinewise Week
23 Daffodil Day
Workshop boosts skills in neonatal emergencies

Bundaberg Hospital staff have upgraded their skills in neonatal stabilisation thanks to a recent workshop.

The Neonatal Stabilisation Trainer workshop, hosted at Bundaberg Hospital, was aimed at developing staff confidence and competence in the event of neonatal emergencies in a non-tertiary setting.

The workshop was part of the rollout of a Statewide Maternity and Neonatal Clinical Network sponsored program, which run at local level in CSCF level 2-5 facilities.

Staff took part in a blended program consisted of an online learning resource on iLearn@QHealth, which is pre-requisite to a simulation ‘mock scenario’ based workshop.

Wide Bay Hospital and Health Service Midwife Educator Annette Baldry said the simulation-based workshops enable clinicians to review their local processes and equipment in the event of a neonate requiring stabilisation for retrieval and develop strategies to mitigate risk.

“Preparation and practice in neonatal resuscitation and stabilisation is required by staff to provide a safe neonatal care at the local level where, due to geographical isolation, the retrieval teams ability to be present to offer support and transfer to a higher level neonatal service may be delayed,” Ms Baldry said.

The rollout of the newly developed program included showcasing the toolkit which includes scenarios resources needed to run ‘mock scenarios’ which provide staff with the opportunity to practice stabilizing a sick neonate for retrieval.

“We were privileged to have clinical nurse consultant Christine Latimer of the Advanced Neonatal Transport Service – North Queensland and Dr Lucy Cooke who is the Medical Director of NeoRESQ present” Ms Baldry said.

“They presented eight scenarios and explained the expected actions and clinical decisions that need to be considered as the scenarios were responded to.

“In the afternoon a scenario was enacted in the Special Care Nursery with medical officers, midwifery educators, neonatal nurses and paediatricians taking part.”

This scenario also investigated the effectiveness of the Telehealth system, which is designed to assist clinicians with neonatal clinical management and advice by neonotologists from neonatal retrieval services in Townsville and Brisbane via mobile VC.

Staff reported that the feedback from the workshop included positive comments such as “It was really great to have the multi-disciplinary discussion and with the input from NeoRESQ”, “Enjoyed finding the gaps in our setting up during scenario”, “Great opportunities for different scenarios for the future – time to use our imagination” and “Enjoyed this course – looking forward to presenting it.”

Contact WBHHS Education, Training and Research

Phone: Hervey Bay – 4325 6104
Maryborough – 4122 8315
Bundaberg – 4150 2228

Email: WBHHS-ETR-Services@health.qld.gov.au

To access registration forms, training information or resources, go to the Education, Training and Research page on QHEPS