

Palliative Care Resources – A Selection (Updated August 2021)

Organisation	Resources	Contact Details
Aboriginal and Torres Strait Islander Health Branch, Qld Health	<ul style="list-style-type: none"> Sad News, Sorry Business: Guidelines for caring for Aboriginal and Torres Strait Islander people through death and dying 	<ul style="list-style-type: none"> https://bit.ly/200qNCP (Downloads pdf)
Advance Care Planning Australia	<ul style="list-style-type: none"> Promotes care consistent with a person's goals, values, beliefs and preferences 	<ul style="list-style-type: none"> www.advancecareplanning.org.au/
CareSearch www.caresearch.com.au	<p>Australian internet palliative care resource including:</p> <ul style="list-style-type: none"> Hubs for GPs, Nurses, Allied Health Consumer information; Research & Education Culturally appropriate palliative care for First Nations Australians 	www.caresearch.com.au/
Cancer Council Queensland	<ul style="list-style-type: none"> A guide to relaxation Cancer Counselling Service Complementary and alternative therapies Information about cancer clinical trials My Story: Aboriginal and Torres Strait Islander women sharing their experiences of breast cancer (DVD) Websites for young people affected by cancer Understanding grief 	<p>13 11 20</p> <p>www.cancerqld.org.au/</p> <p><i>Note: This is just a selection of the wide range of resources supplied by Cancer Council Queensland</i></p>
Cancer Australia	<ul style="list-style-type: none"> Clinical practice guidelines for psychosocial care of adults with cancer 	canceraustralia.gov.au/resources 1800 624 973
Caring Safely at Home	<ul style="list-style-type: none"> Range of resources from Brisbane South Palliative Care Collaborative for caregivers and clinicians incl: <ul style="list-style-type: none"> Opening and drawing up from an ampoule Injection via cannula techniques Colour coded medication labels Series of videos on subcutaneous medication administration 	www.caresearch.com.au/caresearch/ta/bid/2145/Default.aspx
Centre for Palliative Care Research and Education	<ul style="list-style-type: none"> Guidelines for subcutaneous infusion device management in palliative care (2010) Management of Subcutaneous Infusions in Palliative Care – self-directed learning package and resources End of life decision-making: Withholding and withdrawing life-sustaining measures (adults) Monthly events bulletin; bi-annual Education Calendar 3 monthly e-newsletter Annual Research Conference; education events GP Pain Help app GP palliative care education videos 	<p>07 3646 1449 www.health.qld.gov.au/cpcr E: cpcr@health.qld.gov.au</p> <p>GP Pain Help app: www.health.qld.gov.au/cpcr/gppain.asp www.gppainhelp.com iTunes; Google Play store</p>
Commonwealth Respite and Carelink Centres	<ul style="list-style-type: none"> Service flyer: Information about community aged care, disability, support services 	1800 052 222
End of Life Directions for Aged Care (ELDAC)	<ul style="list-style-type: none"> Improving care of older Australians 	www.eldac.com.au/
Ethnic Communities Council of Queensland	<ul style="list-style-type: none"> Peak body for ethnic community organisations 	www.facebook.com/ECCQld/
Leukaemia Foundation	<ul style="list-style-type: none"> Support services Online information and support for patients, families 	www.leukaemia.org.au
National Palliative Care Program, Australian Government Department of Health	<p>Multiple resources, online and print, including:</p> <ul style="list-style-type: none"> Pop Arthur Indigenous Palliative Care Comic How a palliative approach can help older people GP Best Practice Research Project 	<p>www.health.gov.au/health-topics/palliative-care/palliative-care-resources</p> <p>www.health.gov.au/resources/publications/gp-best-practice-research-project</p>
Office of Advance Care Planning (Qld)	Helps with ACP information and resources for patients, carers, family members, health professionals	www.health.qld.gov.au/clinical-practice/guidelines-procedures/patient-safety/end-of-life/advance-care-planning



Palliative Care Australia	Online and print resources including: <ul style="list-style-type: none"> Asking questions can help: An aid for people seeing the palliative care team Facts about morphine and other opioid medicines in palliative care What can I say, what can I do? When someone I know is living with terminal illness 	www.palliativecare.org.au pcainc@palliativecare.org.au
PalAssist	Qld wide 24-hour telephone and online service for palliative care patients, carers, family and friends	1800 772 273 www.palassist.org.au
PallConsult – designed to boost ability of local healthcare teams to deliver patient-centred palliative care, especially in rural/remote areas.	<ul style="list-style-type: none"> 1300 725 537 24/7 for GPs & NPs 1300 725 527 24/7 for nurses & allied health 	https://metrosouth.health.qld.gov.au/pallconsult
Palliative Care Queensland	<ul style="list-style-type: none"> Peak body for palliative care in Queensland https://palliativecareqld.org.au/publications-resources	07 3842 3242 www.palliativecareqld.org.au
PalliativeDrugs.com	<ul style="list-style-type: none"> UK site – active discussion board, 'Research, Audit and Guidelines' with uploaded documents relating to various areas of palliative care 	www.palliativedrugs.com
palliPHARM	<ul style="list-style-type: none"> Improving availability of essential medicines for end of life care in aged care 	https://www.psa.org.au/pallipharm/
SPaRTa	<ul style="list-style-type: none"> Specialist Palliative Rural Telehealth Service 	https://bit.ly/3mLE7EK
Therapeutic Guidelines	<ul style="list-style-type: none"> Therapeutic Guidelines: Palliative Care: available in print or online/Qld Health intranet 	1800 061 260 www.tg.com.au

A SELECTION OF PALLIATIVE CARE TEXTS

TITLE	AUTHOR	PUBLISHER	CONTACT
A Field Manual for Palliative Care in Humanitarian Crises.	Waldman E, Glass M	Oxford University Press	www.oup.com or your local bookseller
Cancer-related Breakthrough Pain – 3 rd ed (2019)	Davies A	Oxford University Press (Oxford Pain Management Library) OPML	www.oup.com or your local bookseller
Care of the Dying: A Pathway to Excellence – 2 nd ed (2011)	Ellershaw J, Wilkinson S	Oxford University Press	www.oup.com or your local bookseller
Clinical practice guidelines for communicating prognosis and end-of-life issues with adults ... (2007)	Clayton J et al.	MJA Supplement, 18 June 2007; 186(12): S77-S108.	https://www.mja.com.au/journal/2007/186/12/clinical-practice-guidelines-communicating-prognosis-and-end-life-issues-adults
National Consensus Statement: Essential Elements for Safe and High-quality End of Life Care (2015)	Australian Commission on Safety and Quality in Health Care.	Australian Commission on Safety and Quality in Health Care.	www.safetyandquality.gov.au/publications/national-consensus-statement-essential-elements-for-safe-high-quality-end-of-life-care/
Neuropathic Pain – 2 nd ed (2010)	Bennett M	Oxford University Press (OPML)	www.oup.com or your local bookseller
Oxford Handbook of Palliative Care – 3 rd ed (2019)	Watson M, Ward S, Vallath N	Oxford University Press	www.oup.com or your local bookseller
Oxford Textbook of Palliative Medicine – 5 th ed (2015)	Cherny N, Fallon M, Kaasa S et al.	Oxford University Press	www.oup.com or your local bookseller
Pain in RACFs: Management Strategies 2 nd ed (2018)	Goucke R et al.	Australian Pain Society	www.apsoc.org.au/publications
Palliative Care Formulary – 7 th ed (2020)	Wilcock A, Howard P, Charlesworth S (Eds)	Pharmaceutical Press	www.phampress.com/palliative-care
Symptom Management at the End of Life (2021)	CareSearch	CareSearch	https://bit.ly/2PWZk2E
The Syringe Driver: Continuous Subcutaneous Infusions in Palliative Care – 4 th ed (2016)	Dickman A, Schneider J	Oxford University Press	www.oup.com or your local bookseller
With the End in Mind: Dying, Death & Wisdom in an Age of Denial (2017)	Mannix, Kathryn	HarperCollins Publishers	www.harpercollins.com.au