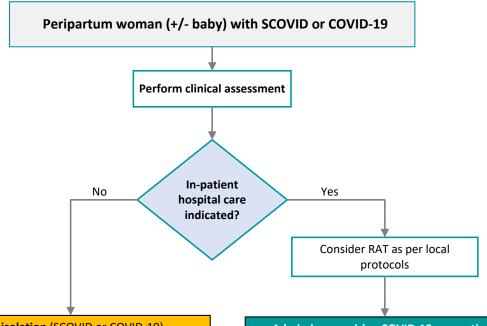
Risk assessment of suspected or confirmed COVID-19 pregnant woman



Self-isolation (SCOVID or COVID-19)

 Advise to return home using personal transport (not public transport or ride sharing options)

Ongoing antenatal care

- Arrange alternate mode of antenatal care (e.g. telehealth) if care cannot be delayed
- Resume usual antenatal care after release from self-quarantine or self-isolation
- Advise to telephone maternity service if concerned

COVID-19

- Provide advice about:
 - Standard hygiene precautions
 - COVID-19 signs/symptoms/management (e.g. fact sheet)
 - o Emergency contact information
 - o Isolation/quarantine precautions, requirements and testing and release processes

Vaccination and boosters

• Recommend vaccination (and booster) for family and close contacts (if not already vaccinated)

Quarantine or isolation

- Isolate a suspected/confirmed case
- Quarantine a close contact of a suspected/ confirmed case
- Refer to criteria for release

If returning to defined restricted area

• Follow Human Biosecurity and Local Council requirements

Admission requiring COVID-19 precautions

Universal care and:

- Provide care in locations as per local facility protocols and according to clinical need
- Alert midwifery/obstetric/neonatal/infectious diseases/anaesthetic teams
- Limit visitors
- Symptomatic treatment as indicated

Antenatal

- Perform necessary medical imaging
- Fetal surveillance as clinically indicated
- Maternal surveillance and SpO₂

Birth

- Negative pressure room (if possible)
- Mode of birth not influenced by COVID-19 unless urgent delivery indicated
- Lower threshold for escalation of clinical concerns

Co-location of mother and baby

- Co-location recommended (if both well)
- Discuss risk/benefit with parents
- Determine need on individual basis

Feeding (breastfeeding or formula)

- Support maternal choice
- Breastfeeding recommended

 not contraindicated

Risk minimisation strategies

- Inform about hand hygiene, sneeze and coughing etiquette, face mask use, close contact, social/ physical distancing and precautions during baby care, sterilisation
- Recommend vaccination (and booster) for family and close contacts (if not already vaccinated)

RAT: rapid antigen test, SCOVID: suspected COVID-19 positive, SpO2: peripheral capillary oxygen saturation

Queensland Clinical Guideline. Perinatal care with suspected or confirmed COVID-19 pregnant women. Flowchart: F20.63-1-V6-R25

