Supporting documents:

Key document

- Statement of Rights
  your rights under the Mental Health Act 2016

Guides

- Guide to patient rights
- Advance health directive for mental health
guide and advance health directive form
- Nominated support persons
guide and appointment form

Factsheets

- Patient rights
- Role of nominated support persons
- Rights of family, carers and
other support persons
- Advance health directives and
less restrictive way of treatment

Brochures

- Advance health directives
- Support persons

To view these documents or for more information, visit:
Your rights are important

The Mental Health Act 2016 aims to improve and maintain your health and well-being in a way that safeguards your rights.

Who does the Statement of Rights apply to?

The Statement of Rights applies to:

- an involuntary patient under the Act
- any other patient receiving treatment and care in a mental health service, including:
  - under an advance health directive
  - with the consent of a personal guardian or attorney.

What about support persons?

The importance of family, carers and other support persons is recognised under the Act through:

- requirements to give information to family, carers and other support persons
- a general right to visit patients
- a general right for patients to communicate with family, carers and other support persons
- the ability for persons to appoint one or two nominated support persons.

Where can I get help if I want to know more about my rights?

You can get more information from:

- an Independent Patient Rights Adviser in a public mental health service
- a staff member of a mental health service
- the Mental Health Act 2016 website.

What is the Statement of Rights?

The Statement of Rights outlines your rights under the Mental Health Act 2016 when receiving treatment and care in a mental health service.

If you are admitted to a mental health service as a patient, a staff member will explain the Statement of Rights to you. You can also ask for a copy.

The Statement of Rights provides information about:

- your right to information about your treatment and care
- your right to make decisions about your treatment and care, if you are able to do so
- your rights as an inpatient, including communication with others
- your right to make a complaint or ask for a second opinion
- the responsibilities of those working in a mental health service
- the rights of your support persons.