

Supporting documents:

Key document

- **Statement of Rights**
your rights under the *Mental Health Act 2016*

Guides

- **Guide to patient rights**
- **Advance health directive for mental health**
guide and advance health directive form
- **Nominated support persons**
guide and appointment form

Factsheets

- Patient rights
- Role of nominated support persons
- Rights of family, carers and other support persons
- Advance health directives and less restrictive way of treatment

Brochures

- Advance health directives
- Support persons

To view these documents or for more information, visit:

www.health.qld.gov.au/mental-health-act

Mental Health Act 2016

Your rights

Your rights are important

The *Mental Health Act 2016* aims to improve and maintain your health and well-being in a way that safeguards your rights.

What is the Statement of Rights?

The *Statement of Rights* outlines your rights under the *Mental Health Act 2016* when receiving treatment and care in a mental health service.

If you are admitted to a mental health service as a patient, a staff member will explain the *Statement of Rights* to you. You can also ask for a copy.

The *Statement of Rights* provides information about:

- your right to information about your treatment and care
- your right to make decisions about your treatment and care, if you are able to do so
- your rights as an inpatient, including communication with others
- your right to make a complaint or ask for a second opinion
- the responsibilities of those working in a mental health service
- the rights of your support persons.

Who does the Statement of Rights apply to?

The *Statement of Rights* applies to:

- an involuntary patient under the Act
- any other patient receiving treatment and care in a mental health service, including:
 - » under an advance health directive
 - » with the consent of a personal guardian or attorney.

What about support persons?

The importance of family, carers and other support persons is recognised under the Act through:

- requirements to give information to family, carers and other support persons
- a general right to visit patients
- a general right for patients to communicate with family, carers and other support persons
- the ability for persons to appoint one or two nominated support persons.

Where can I get help if I want to know more about my rights?

You can get more information from:

- an Independent Patient Rights Adviser in a public mental health service
- a staff member of a mental health service
- the *Mental Health Act 2016* website.