11 February 2020

SCHHS celebrates women in science

On 11 February, the United Nations, partners worldwide, women and girls will mark the International Day of Women and Girls in Science, to celebrate women's contributions to the field.

The day focuses on the reality that science and gender equality are both vital for the achievement of internationally agreed development goals, including the UN 2030 Agenda for Sustainable Development.

At present less than 30 per cent of researchers worldwide are women. According to the UN, long-standing biases and gender stereotypes are steering girls and women away from science related fields.

Sunshine Coast Hospital and Health Service (SCHHS) is proud to have many female scientists across a broad range of expertise. One such employee is Advanced Physiotherapist Dr Ingrid Rosbergen.

Ingrid started her career in Physiotherapy in 1989 and loves that her job can ‘make a difference’ and improve the health and quality of life of consumers.

“During my work I observe or notice opportunities to improve our health care delivery as I get confronted with the impact of health conditions such a stroke, falls or dementia on a daily basis. We as health professionals are in a unique position to contribute to science,” Ingrid said.

Ingrid is currently involved in several important research projects within the SCHHS and externally.

“A current larger research study we are conducting at the SCHHS is investigating the efficacy of telerehabilitation after stroke. Telerehabilitation can promote equity in access to rehabilitation but we need an effective intervention. The study includes consumers and clinicians directly from the beginning, so we design and test the intervention together.”

Ingrid strongly advocates for women in science and encourages girls and women to pursue their dreams in the industry.

“Women are still not represented evenly in science compared to men and an increase in women would enhance diversity and equity. My advice to women and girls is to join science and to empower other women to excel so we can achieve gender equity and diversity.”

For more information visit: https://en.unesco.org/commemorations/womenandgirlinscienceaday.
MEDIA OPPORTUNITY

Interview and photo opportunities are available with Dr Ingrid Rosbergen by request.

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