Musculoskeletal Physiotherapy Screening Clinic (MPSC)

Information for patients, carers and their families

The MPSC is part of the Department of Orthopaedics at the Sunshine Coast Hospital and Health Service. Advanced-scope physiotherapists work closely with doctors and other allied health clinicians. The MPSC provides a screening assessment of your condition and its impact on you. This process may assist patients requiring surgery through appropriate category upgrade. Patients who may not require surgery benefit from earlier assessment and co-ordinated care.

An advanced physiotherapist will perform a comprehensive assessment of your condition. This requires sufficient time, access to relevant background information and a thorough clinical examination.

IMPORTANT: PLEASE READ

To assist us in completing this comprehensive assessment could you please:

- complete the enclosed questionnaires and bring them with you to your appointment—some may not appear relevant but all must be completed
- arrive 15 minutes before your scheduled appointment time to register—if you are late you may not be seen on that day—allow up to 90 minutes for the appointment
- bring all relevant x-rays, scans or tests
- bring a list of your current medications
- wear appropriate clothing that can be removed or adjusted to allow the entire limb or area to be assessed.

You will receive a clear management plan. You will be involved in planning and given advice to help you deal with your condition. This may include referral for services such as physiotherapy, dietetics, psychology or occupational therapy. You will be advised if you need further tests (like x-rays or scans) or specific exercises.

The physiotherapist may decide that a surgical opinion is required. You will receive advice on what to do in the meantime. The referral keeps your original referral date when moved to the surgical list so you will not ‘lose your place’. The physiotherapist can also discuss any concerns about your condition with an orthopaedic surgeon.

Involvement of your referring General Practitioner (GP) is an important part of the success of this service. A letter is sent to your GP following your appointment. It outlines the major findings and the management plan. Your GP can request an orthopaedic opinion at a later date if your condition changes.

The MPSC has significantly reduced orthopaedic waiting times. It improves patient access to appropriate treatment and delivers very good clinical outcomes for patients. Thank you for your assistance. We look forward to seeing you on the day.

For further information about the service and to confirm your appointment, please contact MPSC on (07) 5202 2233