



Cardiology and Respiratory

Outpatient Referral Guideline Bundaberg

Nurse Practitioner Cardiology Clinic

The Nurse Practitioner Cardiology clinic offers a nursing service as an adjunct to GP management.

This service includes medication optimisation and risk factor management, including smoking cessation. Additionally, the NP provides independent education with an emphasis on self-management for chronic cardiac conditions (in particular heart failure).

Written feedback will be sent to the referrer.

Nurse Practitioner Respiratory Clinic

This service referral is for:

- Access to evidenced based assessments and interventions for clients with Asthma/COPD to achieve optimal patient outcomes
- Provision and initiation of assessments, investigations, screening and education in collaboration with the General Practitioner
- Assists in empowering self-management of clients with chronic respiratory disease through education, monitoring and support
- Provides education for medications, inhaler devices, smoking cessation, pulmonary rehabilitation, domiciliary oxygen and actions plans
- Includes appropriate recommendations communicated to patients' primary care providers
- Provides telephone support to GPs and patients

Criteria for referral from GPs

- Patient must be **18 years and over**
- Not experiencing an acute exacerbation at the time of referral
- Education on disease process (can include smoking cessation)
- Education on self-management (including resource/groups, etc)
- Lifestyle management related to chronic disease
- Post intervention input, e.g. education on results and changes to self-management and lifestyle
- Copies of relevant pathology and radiology to accompany referral please.

Please provide a BMI for your patient when referring

Enquiries

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