# Referring for a Community Support Activity in Mental Health

## Education package workbook

This Referring for a community support activity in mental health education package aims to consolidate:

* + Allied Health Professional (AHP), MHAOD understanding and skills of the processes, governance, roles and responsibilities when referring for a community support activity
  + AHP MHAOD understanding and skills of the scope of practice of CMO staff involved when referring for a Community Support activity
  + Collaboration and teamwork to support consumers progress towards their recovery goals.

## Education package learning goals

Completion of the education package will enable AHP MHAOD to:

1. Understand referring for a community support activity in the context of a model of care including the context, background and model
2. Describe why you would refer for a community support activity, what is the scope and types of community support activities that can be referred
3. Understand the governance process that should be in place before referring for a community support activity
4. Describe the overarching principles that would be applied when implementing community support activity practice
5. Describe the elements of effective team work and collaboration as it relates to referring for a community support activity
6. Understand the role of the Community Managed Organisation staff
7. Apply systems to assist in implementing the process of effective activity service requests including:
8. Understanding how to provide an effective referral for a community support activity
9. How to review the community support activity
10. Provide effective feedback to the community managed organisation
11. Provide effective documentation
12. Understand the context of legislation, standards, procedures and guidelines that inform the Guideline: referring for a community support activity.

## Workbook

1. Read through the education package learning goals (above), and then use the space to nominate the goals which
2. Are most relevant to you in terms of improving your professional practice
3. Which you believe are most relevant to your team
4. And provide a short explanation of why you have nominated them.
5. Drawing upon your experience to date, describe the ways in which you have worked with Community Managed Organisations.
6. Share your thoughts about the Referring for a community support activity model of care, how may it have an immediate impact upon your own professional practice or the practice of your team?
7. Following your review of the Referring for a community support activity education resource, write down a summary of key information that you have identified about the process that:
8. Are most relevant to you in terms of improving your professional practice
9. Which you believe are most relevant to your team