

Checklist for contact of GP or RaSS

STEP	ACTION	DONE?
1	Collect resident's medical record and medication chart including: <ul style="list-style-type: none"> Results of recent tests Recent changes to medications Substitute health decision maker contact details e.g. enduring power of attorney (EPOA) contact details Contact details for treating GP 	<input type="checkbox"/>
2	Have a copy of the relevant RACF decision support tool in front of you	<input type="checkbox"/>
3	Check the resident's Advance Health Directive (AHD) / Acute Resuscitation Plan (ARP) / Advance Care Plan (ACP) for documented wishes	<input type="checkbox"/>
4	Undertake a full set of vital signs including: <ul style="list-style-type: none"> Response and cognition Airway and breathing assessment (respiratory rate and effort; oxygen saturations) Circulation assessment (pulse and blood pressure) Disability assessment (including blood glucose) Temperature and pain assessment (use cognition appropriate tool) 	<input type="checkbox"/>
5	Pen and paper available to document any instructions	<input type="checkbox"/>
6	<p>Prepare to discuss with GP or a RaSS in the ISBAR format</p> <p>Identify yourself, your role and where you are calling from</p> <p>Situation or the reason for your call and the current problem e.g. Chest pain</p> <p>Background including past medical history of resident and usual level of function</p> <p>Assessment including</p> <ul style="list-style-type: none"> Vital signs Other relevant clinical findings including any recent behavioural changes Confirmation of resident choices Recent medication changes Recent investigation results <p>Recommendations arrived at in collaboration with GP or a RaSS</p>	<input type="checkbox"/>
7	<p>If resident is to be reviewed in facility by GP or a RaSS or to be transferred to hospital – prepare documentation including copies of:</p> <ul style="list-style-type: none"> Facility name and 24 hour contact details for RN or clinical manager Summary of reason for transfer and recent vital signs Past medical history and baseline level of function Recent medical notes, results of investigations Recent changes to medications Current (regular, prn and short-course) medication AND sign-off charts Advance Health Directive or Acute Resuscitation Plan or Advance Care Plan Contact details for next of kin and substitute health decision makers 	<input type="checkbox"/>
8	Where resident lacks capacity or consents, notify next of kin / substitute health decision maker of resident condition and ensure they are involved in care planning	<input type="checkbox"/>