Queensland Transcultural Mental Health Centre
Additions to the Resource Library

February 2013


Correa-Velez, I., Spaaij, R. and Upham, S. (2012) 'We are not here to claim better services that any other': Social exclusion among men from refugee backgrounds in urban and regional Australia. In *Journal of Refugee Studies* TBA(TBA). 24. (05606)


STATT. (2012) *The last mile: Experiences of settlement and attitudes to return among people from South Sudan in Australia*. STATT: Hong Kong: 70. (SUDA.8) www.statt.net


Strangers in a strange land: Cultural competencies in dementia care

Available in: English.
Subject: A resource for carers working in the community, in day care and residential care centres. This CD-ROM will introduce you to ways of working with people with dementia from different cultures. The CD-ROM contains: Module 1: Catering for cultures explores the values and beliefs that are part of our cultures, the aged care industry culture and the dangers of stereotyping when applied to people and cultures (20 minutes). Module 2: Health and culture explores different ways of understanding health and wellbeing (25 minutes). Module 3: Home care. In this module you will meet an Arabic family. Through them you will learn more about establishing trusting relationships and educating families about dementia. We will also touch briefly on elder abuse (30 minutes). Module 4: Communication explores communication with people who have dementia (45 minutes). Module 5: Values crossroads. Learn more about communication skills and how you can help families make decisions about how to care for their loved ones (20 minutes). Also contains printable Facilitators guide and resource sheets.
Format: CD-ROM
Location: CD220

Family focus: Talking together about parental depression & anxiety

Available in: English
Produced by: COPMI and Beyondblue, 2012.
Format & Length: DVD - 50 minutes
Subject: Depression and anxiety are the most common mental health problems in Australia. When experienced by a parent, the impact on the individual and the family unit can be significant. Family Focus offers help and hope for families where a parent has experienced depression or anxiety. Stories drawn from real life experiences encourage parents to learn more about depression and anxiety, and how communication can lead to a shared understanding and provide hope for their family. An additional section of this DVD provides information for children about depression and anxiety that parents can watch with their children and use as a starting point for discussion.
QTMHC Location Code: CD221