

Attending EAS Appointments

You are not required to tell your supervisor about an appointment with an EAS provider.

Staff may meet with the provider during working hours. However, you will need to follow the usual protocol for absences from your work area.

SAFETY FOR ALL



OCCUPATIONAL
HEALTH & SAFETY

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YOUR EAS PROVIDER:

Kerry Wanstall
Clinical Psychologist
M.A.P (Clinical), B.Sc. (Hons)
M.C.C.P., M.A.P.S.

Employee Assistance Service

For staff at:

Corporate Office

and

Queensland Health Forensic and
Scientific Services

Contact your provider:

Phone: (07) 3234 1047
Mobile: 0404 826 577

Queensland Health Building
147-163 Charlotte St,
Brisbane QLD 4000

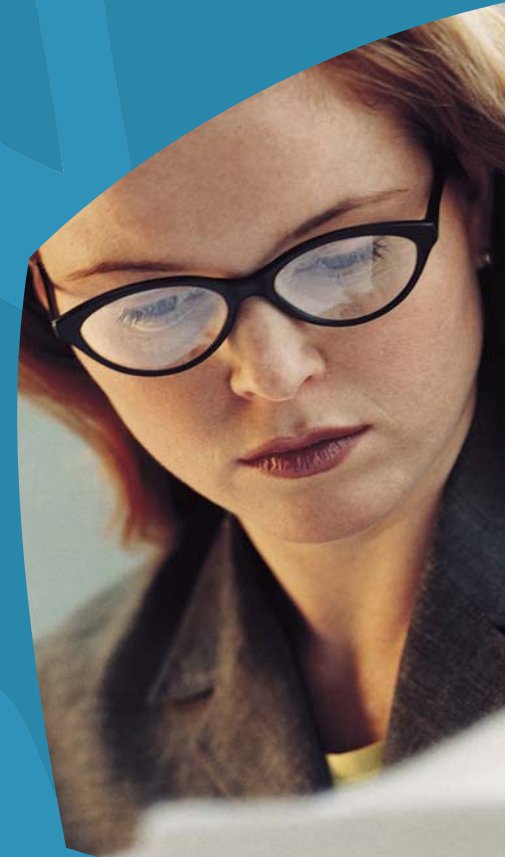
Website:

<http://qheps.health.qld.gov.au/safety>

Occupational Health and Safety

For staff at Corporate Office and
Queensland Health Forensic and Scientific Services

Employee Assistance Service



What is the Employee Assistance Service?

- The employee assistance service (EAS) is a confidential, short-term counselling service. The service is provided free of charge to staff and their immediate family.
- The EAS is designed to assist staff to resolve work related and/or personal problems that may impact on their work performance or quality of life.
- In addition the EAS assists with the development and implementation of effective staff management strategies.

WHO CAN USE THE SERVICE?

Staff (and the families of staff) working in:

- Corporate Office; and
- Queensland Health Forensic and Scientific Services

How does the service operate?

The EAS is a short-term counselling service which offers six sessions per person, per year. Counselling can be provided face to face at Corporate Office or at Coopers Plains (QHFSS). Alternative locations can be organised if required. Telephone counselling is also available if preferred.

HOW MUCH DOES THE SERVICE COST?

Services provided by the EAS are free of charge to employees and their immediate family members.

WILL IT AFFECT MY JOB?

Your use of the EAS will not affect your current position or your career prospects.



The service is provided solely to assist in solving problems and cannot be used for disciplinary purposes.

Information on your referral to the EAS is confidential and will NOT be recorded on your personal file.

REFERRAL TO THE EAS

Option 1 -

Self Referral: an employee can make direct contact with the EAS by ringing 3234 1047 or 0404 826 577.

Email:

kerry_wanstall@health.qld.gov.au

You do not need anyone's approval for this to occur.

Option 2 -

Third Party Referral: a third party, for example a supervisor or colleague, may make a referral on your behalf.

Note: Any decision to use the service is entirely up to you. Use of the EAS is never compulsory.

CONFIDENTIALITY

The EAS is sensitive to the concerns of staff relating to confidentiality. No personal information disclosed by a client will be divulged to a third party without the prior consent of the client. Rare exceptions to this may occur in relation to:

- requirements under Professional Codes of Conduct that guide the practice of the EAS provider;
- if the documents are subpoenaed by the courts; and/or
- if an individual's safety is threatened.

All discussions and written records are kept confidential. This information does not go on your personal file.



What issues can the EAS be of assistance with?

Emotional problems including stress, depression, and anxiety

Family or relationship problems

Reactions to traumatic or distressing events

Grief and bereavement

Workplace conflict and/or team disharmony

Occupational stress

Harassment and bullying

Assisting managers and supervisors to develop effective management strategies